

Name of the Course: Psychology

Programme Outcomes

The outcomes that a student should be able to exhibit on completion of a degree level programme in Psychology are as follows:

- Comprehension about the discipline, its research methods, theories and models.
- The flair to link up theory with individual experiences and varied applied settings.
- Capacity to practice professional skills in the area of Psychological testing, assessment and counseling.
- Developments of skills in specific areas related to specific specialization (eg. Psycho-diagnostics, counseling learning disability, health community mental health and organizational behavior.
- A general understanding about how knowledge of Psychology can be applied to benefit the management and /or amendment of problems of mankind.
- Capability to articulate ideas in appropriate manner with scientific writing and authentic reporting.
- Sensitivity towards diverse contexts, ethnic groups, minorities, marginalized groups and gender issue.
- Development of skills and attributes of empathy, team work, coordination, cooperation, conflicted, tutition and congruence.

B.A. IST YEAR

PAPER IST

(BASIC PSYCHOLOGICAL PROCESSES)

COURSE OUTCOME: The student will learn about the fundamental process and care Psychological concepts models, classical theories, varied perspectives and will be able to apply them in their own and in other lives. It will also give the learners a clear understanding of the concepts like intelligence, motivation, emotion and personality. It will develop critical analytical skills regarding these individualistic traits.

PAPER IIND

(EXPERIMENTAL METHODOLOGY AND STATISTICS)

COURSE OUTCOME: The learners will be able to comprehend Psychological data and can put them on appropriate scaling method, moreover they will be getting hold of essentials of Psychological testing along with various kinds of test implemented.

B.A. IIND YEAR

PAER IST

(PSYCHOPATHOLOGY)

COURSE OUTCOME: The student will be able to understand criteria of abnormality and one's own behavior and the behavior of others, by applying the knowledge of classification systems, assessment and diagnosis. They will develop sensitivity towards individual diversity and various approaches to the diagnosis and treatment of Psychological disorders. They will be able to summarize the symptoms, etiology and valid and reliable treatment methods of Mental health disorders.

**B.A. IIND
PAPER IIND
(SOCIAL PSYCHOLOGY)**

COURSE OUTCOME: By the end of the course, students will be able to summarize general information, through in class discussion and assignments, pertaining to Social Psychological theories and apply Social Psychological theories to their lives. They will be able to critically evaluate research to understand and explain distressing human social behavior and relate social psychological concepts and theories to historic and current world national and local events.

**B.A. IIIRD
PAPER IST
PSYCHOLOGICAL MEASUREMENT AND TESTS**

COURSE OUTCOME: The students are made aware of the basic terms & test that are necessary for conducting the research. The basic terms includes level of measurement, validity, reliability, standardization of the test & norms, Normal Probability curve etc.

**PAPER IIND
(COUNSELLING AND GUIDANCE)**

COURSE OUTCOME:

This course is prepared with the view to gain the knowledge about:

1. Fundamentals of guidance and counseling.
2. Methods of assessing the personality.
3. Characteristics and purpose of various types of counseling.
4. Importance of counseling in real life.

**B.A. IST
PRACTICAL OUTCOME**

The purpose of the practical is to measure the learning capacity, perception & memory of the student with the help of appropriate tool.

B.A. II

The practical make the student aware of their own attitude, aggression, anxiety, stress, social inter relation.

B.A. III

Intelligence, interest, values, reaction time of the student was measured with the help of appropriate tool or inventory.

Name of the Course: M.A

PROGRAMME OUTCOMES:

1. The student can work at any institution or organization as a counselor.
2. The student can work as a Psychologist in any hospital.
3. The student can work as a teacher in private school.
4. The student can work as a teacher in aided college.

M.A. IST SEMESTER

COURSE OUTCOME

1. RESEARCH METHODS:

The aim is to familiarize the students with the meaning, objectives and significance of research the different methods and techniques used data collection in research studies.

2. STATISTICAL METHODS & EXPERIMENTAL DESIGNS:

The objective is to get the students acquainted with the statistical concepts and methods in Psychology and to create understanding about different types of design employed in Psychological Researches.

3. SOCIAL PSYCHOLOGY

The aim is to create understanding among the students about social behavior, social interaction, perception, aggression and violence.

4. BIOLOGICAL FOUNDATIONS OF BEHAVIOUR

The purpose of the course is to acquaint with the structure and function of Nervous system, relationship between brain and behavior, internal mechanism of hunger, trust, reproductive behavior and mechanism of hormonal control.

M.A. II SEMESTER

COURSE OUTCOME

1. POSITIVE PSYCHOLOGY

This course is aimed at presenting the positive outlook and approaches to behavioral aspects of people, basic concepts and criteria of positive health and happiness and emotional competence in human life

2. FUNDAMENTAL OF PSYCHOMETRY

To gain familiarity with Psychometry and Psychological measurement, nature, uses, criteria of Psychological test and the steps used in test construction, item analysis and application of the test is the main objective of this course.

3. COGNITIVE PSYCHOLOGY

This course is aimed at creating understanding and knowledge about cognitive aspects of behavior such as attention and perceptual process, memory language and speech production, thinking problem solving and decision making.

4. THEORIES OF PERSONALITY

This course is intended to present the knowledge about nature and issue of personality different approaches such as cognitive, learning triguna and to give acknowledge of recent advances in personality research.

M.A. IIIRD SEMESTER

1. HEALTH PSYCHOLOGY

To gain familiarity with meaning of health in socio cultural context, stress and coping behavior, behavioral health, resources promoting and maintaining Mental health, behavior and Chronic Diseases future of health Psychology.

2. GUIDANCE AND COUNSELLING

This course is prepared with the view to gain the knowledge about

1. Fundamentals of guidance and counseling.
2. Methods of assessing the personality.
3. Characteristics and purpose of various types of counseling.
4. Importance of counseling in real life.

3. School of Psychology

In the school of Psychology, we make the student aware of different of views on Psychology by the different people e.g. factionalism, structuralism, behaviorism.

4 . INDIAN PSYCHOLOGY

To gain familiarity with Indian Psychological concepts, the core and context of Indian Psychology. Trends of research and ontological and Epistemological premise of Indian Psychology.

M.A. IVTH SEM

1. CLINICAL PSYCHOLOGY

To get the students acquainted with

1. Clinical Assessment.
2. Meaning of Psycho-Diagnosis and Prognosis.
3. Techniques of Psycho-Diagnosis.
4. Clinical Psychology as a Profession.

2. STRESS MANAGEMENT AND COPING

This course is aimed at Nature of Stress and health, Managing/coping with Stress, Bio feedback Assertiveness training, time Management, Coping with organizational role.

3. Neuro Developmental Disorders

This course is aimed at learning Disabilities, Attention Deficit Hyper Activity Disorder, Autistic Spectrum Disorders and Dementias.

4. Psychopathology

To get the students acquainted with the nature of Psychological disorders classification of Psychological disorders, Indian perspectives on sufferings and various Psychological approaches to management.

M.A. IST SEM.

PRACTICAL OUTCOME

Digit Vigilance Test- The purpose of this test is to measure the sustain attention of the student.

Verbal Working Memory- The student get acquainted with their working memory.

Triad Test - The student get acquainted with the concept of attention & divided attention.

Digit Symbol Substitution Test- This practical make the student aware of there "Mental Speed".

M.A. IIND SEM

PRACTICAL OUTCOME

Creativity test- This practical make the student aware of their creativity level, there capacity to solve the problem by adding new concept, terms & divergent thinking.

Five Factor Inventory- It make the student aware of their personality traits.

Zeigarnic Effect- This practical makes the student aware that incomplete task is more remembered than the complete task.

Tower of London - The student gets aware of their problem-solving behavior.

M.A IIIIRD SEM

PRACTICAL OUTCOME

To make the student aware of the unconscious content, with the help of TAT projective test. This test helps the student to identify their needs, emotions & interpersonal relationship with each other.

MPI- This practical makes the student aware of the personality traits.

MMPI- This practical makes the student aware of their pathological trait e.g. depression, hysteria, obsession compulsion etc.

M.A. IV SEM

PRACTICAL OUTCOME

This semester includes a dissertation which is a research work. In this student is allotted a topic on which they have to work on by making appropriate statistical tool.