

Name of the Committee: Old Student Association, (Alumni Meet )

Name of the Convener: Dr Garima Agarwal

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**KINDLY PROVIDE THE FOLLOWING INFORMATION ABOUT THE COMMITTEE FOR ACADEMIC YEAR 2020-21 (1<sup>ST</sup> July 2020-30<sup>th</sup> June 2021) Please attach self attested reports of the activities with proof.**

**Please use extra sheets wherever required**

Number of programmers /activities organized

4

Sr. no	Name of activity	Date and Duration of Program	No. of students benefitted	Report of the activity in min 500 words in English with proof (annexure No.2)
1.	Alumni Meet	18-02-2021	8 members	
2.	Alumni Meet(Cancer Awareness Program)	19-02-2021	135(guest+alumni+current students)	
3.	Alumni Meet	23-03-2021	8 members	
4.	GUEST LECTURE TO "SAVE WATER"	24-03-2021	66(guest+alumni+current students)	

## REPORT

**OLD STUDENTS ASSOCIATION (Alumni Meet)**

**2020-2021**

**Annexure-01**  
**Old Student Association 2019-2020**  
**Cancer Awareness Program**

## **MEETING**

Old student Association Organised a meeting 18-02-2021 at Principal office. The meeting started at 1:00 pm Dr. Garima Agarwal welcomed all the members and Informed about an Awareness Program. This Program was to be held in the Academic Year of 2019 to 2020 but was delayed and therefore rescheduled this year

## **CANCER AWARENESS PROGRAM**

A Cancer Awareness Program was organized by the Old Student's Association on 19<sup>th</sup> February 2021 for all batches at Ram Lal Agarwal Hall in Ismail National P.G College, Meerut. Welcome Address was given by Dr. Garima Agarwal, Organizer of the Alumni Meet. Total 135 participants including guests, alumni and current students.

Dr. Garima Agarwal started the Program by welcoming all those present at the program, Alumni and the current students of the College. The Chief Guest Dr. Umang Mittal (Cancer Specialist), the Guest Dr. Asha Anand, Mrs. Mamta Dixit, Mrs. Sarita Jain and Mrs. Preeti Jain. The Principal of the College, Dr. Huma Masood (Alumni) were all welcomed with a bouquet.

Dr. Huma Masood who is a member of the Old Student's Association, Head of the Urdu Department and the Principal of the College welcomed and gave an introduction of Dr. Asha Anand who is a Rtd. Prof. & HOD (Fine Arts) INMPG College, Meerut, and also an old student of the College. Dr. Huma Masood mentioned that Dr. Asha Anand has 44 years of experience in education. She is the Chairperson of Chitrashilp Fine Arts Society and the Chairperson Aesthetics International, Editor in Chief of the Aesthetics International Magazine. Dr. Asha Anand is also the President of "Umeed" (A Cancer Survivors Support Group).

Dr. Huma also mentioned that Dr. Asha Anand has been selected among 120 Most Effective Leaders of the World by LOANI (Ladies of All Nations International) in London, United Kingdom and has also appeared on the cover of its magazine 'LOANI' in the August 2019 issue as the August Star of all Nations, the Founder and Chairperson of Aesthetics

International Council for Progressive Women. Dr. Huma also proudly stated that as a human we work hard and strive to achieve and gain knowledge for ourselves but only few people work towards serving and supporting humanity for a better and safer future; and Dr. Asha is one such person who is contributing her life and investing her time towards such a beneficial cause. Dr. Huma said that she is proud of the progresses achieved by Dr. Asha and the bond they continue to share with her as she is an ex-student of the College. She also mentioned that Dr. Asha's presence shall motivate an excellent example for the current and future students of the College.

The Program was progressed as Dr. Asha Anand welcomed and gave a brief introduction of Dr. Umang Mittal who is a Senior Consultant in Surgical Oncology has done his Fellowship in Medical Oncology and has 26 years of experience as a Head & Neck Surgeon in Surgical Oncology. Dr. Asha mentioned that Dr. Umang Mittal has more than 19 years of experience in his medical field. She also mentioned that Dr. Umang Mittal completed MBBS and MS from LLRM Medical College in Meerut. He is actively associated with various organizations such as Indian Association of Surgical Oncology, Indian Society of Oncology, Indian Society of Head and Neck Oncology, European Society of Medical Oncology and European Society of Surgical Oncology.

The Program included a lecture on Cancer Awareness by Dr. Umang Mittal who discussed the causes and preventions of cancer. He mentioned the importance of the stages of Cancer and that the 1<sup>st</sup> stage of cancer, if diagnosed on time, can be treated and successfully cured. He also explained about how breast cancer can be detected, prevented and treated by having regular checkups and scheduled examinations, monitoring the intake of healthy food and beverages and also by avoiding habits which lead to self-destruction e.g. cigarette, smoking and alcohol or drug addictions.

Dr. Asha Anand, Mrs. Sarita Jain and Mrs. Preeti Jain also explained and shared their experiences about their diagnosis, treatment and complete cure as breast cancer survivors. Dr. Huma Masood also spoke with very encouraging words to all the current and old students who were present at the Program to live and lead a balanced and healthy lifestyle.

Dr. Vandana Sharma who is the HOD of Psychology, Dr. Poonam Garg who is the Retired HOD of Economics and many teachers and students (old and current) took part in the Q&A session with Dr. Umang Mittal. They discussed, explained and gained knowledge about their experiences, diagnosis/misdiagnosis, preventions, causes and treatment of cancer.

The students of the B.Ed department also held a session in this Program relating to cancer awareness. They prepared Slogans and Posters on cancer causes and prevention and held a Competition. Dr. Umang Mittal, Dr. Asha Anand and the other team members appreciated their work a lot. They also had a detailed discussion and praised about how the posters and slogans were linked to the Cancer Awareness Program. The students who prepared the best slogans and

posters were judged and given prizes. The 1<sup>st</sup> position was held by Ms. Priyanka Choudhary (SR-52), the 2<sup>nd</sup> position was held by Ms. Nazish Quereshi (SR-49), Ms. Mubashira (SR-39) and the 3<sup>rd</sup> position was held by Ms. Yasha (SR-01), Consolation Prize was given to Ms. Shayla (SR-42), Ms. Layba Noor Saifi (SR-07) and Ms. Nida Rajput (SR-50).

The Cancer Awareness Program organized by the Old Student's Association was very informative and successfully lead to spread awareness of the disease in the society. All those present at the program, including the Alumni and the current students also learned and benefited from the Program.

The Principal of the College, Dr. Huma Masood thanked the Chief Guest Dr. Umang Mittal, the Guest Dr. Asha Anand and her team, the current, old students and all those present for attending the Cancer Awareness Program. The meeting was dispersed for the tea.

## कैंसर को लेकर इस्माइल कॉलेज में हुआ व्याख्यान



मेरठ (धारा न्यूज)। इस्माइल नेशनल महिला पीजी कॉलेज में कैंसर विशेषज्ञ डॉक्टर उमंग मित्तल ने कैंसर के कारण और निवारण विषय पर व्याख्यान दिया।

उन्होंने कहा कि वर्तमान में इस बीमारी का प्रसार अत्यधिक हो रहा है। जानकारी के अभाव से इस बीमारी से मृत्यु दर बढ़ रही है। डॉक्टर आशा आनंद ने अपने अनुभवों को साझा किया और इस बीमारी से संघर्ष कर स्वस्थ होने की प्रेरणा प्रदान की।

कार्यक्रम में बीएड विभाग द्वारा आयोजित पोस्टर एवं स्लोगन प्रतियोगिता भी कराई गई। इसका आयोजन बीएड विभाग की वरिष्ठ प्रबन्धिका डा. चंदना भारद्वाज ने किया। अंत में कॉलेज की प्राचार्या डॉ. हुमा मसूद ने पुरातन छात्राओं को आशीर्वाद दिया। डॉक्टर उमंग मित्तल के व्याख्यान से महाविद्यालय की समस्त प्रबन्धिका एवं छात्राएं कैंसर बीमारी को लेकर काफी जागरूक हुईं।

**Tk TAZZA KHABAR** Whatsapp us to join **8-3939-1111-9**

**MEERUT REPORT** [www.meerutreport.com](http://www.meerutreport.com) **19-02-2021**

**छात्राओं को कैंसर से बचाव की दी जानकारी**

जेठ, १९ फरवरी (म) इस्माइल नेशनल पीजी कॉलेज में कैंसर के कारण व निवारण पर व्याख्यान सुबह ११ बजे से आयोजित किया गया। कार्यक्रम में डॉक्टर उमंग विशेषज्ञ डा. उमंग मित्तल द्वारा छात्राओं व स्टाफ को विशेष तौर पर जानकारी दी गई। उन्होंने छात्राओं को कैंसर होने के कारण और कैंसर से बचाव के तरीके व जीवन्तवैली जपाने के उपाय बताए।

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OLD STUDENTS ASSOCIATION MEMBERS OF I.N.M.P.G,COLLEGE,MEERUT

## MEETING

Old student Association organized a meeting on 23-03-2021 at Principal Office. The meeting started at 1.00 pm. Second Alumni meet conducted by the Old Student. Dr. Garima Agarwal welcomed the gathering a total no. of 17 alumni were present for the meeting. Presidential address was delivered by Dr. Huma Masood. She stressed the importance of alumni and requested the gathering to strengthen and continue meeting every year. Gathering decided to create a "Whatsapp Group" named "Alumni Meet- Ismail National Mahila PG College, Meerut" for the Old student Association and to accommodate the group with old student Association office bearers with 8 or 10 members.

It was decided in the meeting that on the Founder's day of the college that is 12<sup>th</sup> November the Alumni Meet will be held every year. It was also decided that each Deptt. of the college will distribute the form to final year of each class to



encourage the students to be the member of Alumni Association of the college. Dr. Babita delivered vote of thanks and the meeting was dispersed for the tea.

## **GUEST LECTURE TO “SAVE WATER”**

Old student Association organized an Alumni meeting (Guest Lecture) on 24 March 2021 for all batches (1986 to 2021) at Ram Lal Agarwal Hall. The function was presided over by Principal Dr. Huma Masood. The meeting started to give information about the current critical situation of decreasing water level and low to raise awareness and importance of cleanliness of the city and sense to save water among the students. Welcome address was given by Alumni & Organizer of the Alumni Meet Dr. Garima Agarwal of Music Department, I.N.M. PG College, Meerut. She welcomed the Chief Guest, Principal, Staff members & all alumni with bouquets. After inauguration our alumni Mrs. Aditi Chandra, President of an NGO “The Growing People” was the Chief Guest of the programme. With the help of “The Growing People” she is carrying a movement named “Mera Meerut, Mera Gaurav”, I will save the water for the next generation.

She delivered a lecture on the importance of cleanliness & analysed the problem across the globe, also highlighted and raising awareness about the water crisis that the whole world faces. In addition to this, Oath ceremony was held where everyone took the Oath for cleanliness of the city, saving water and joined everyone to her mission. She also told if there is a problem in our society then only we to find the solution just like we do in our houses.

Principal Dr. Huma Masood is also an Alumni of this college. She spoke about the importance of cleanliness & how to save water among living organisms human beings said to be social animal. First thing they need fresh air for living besides it water is placed in the second category. Water is very necessary to survive which God has given us without any charge. Mainly we should understand the value of water and try to save it for the next generation. On 22 March every year since 1993 billions of people living without fresh environment and clean

water. She advised everyone to join and come together with the NGO's mission. She is thankful for those who gathered to together.

Chief guest was awarded by Principal Dr. Huma Masood with trophy for her efforts and was thankful for doing such a beneficial work for the mankind. She also encouraged old & new students to pay attention on this serious matter.

Dr. Garima Agarwal concluded vote of thanks to everyone & her team for their support & help. In this way the programme of Old Student Association come to an end with National Anthem.

Students and staff shared their opinion, most of the current students volunteered to render services for the benefit of the socity.

It was decided that each Deptt. of the college will distribute the form to final year of each class to encourage the students to be the member of Alumni Association of the college.





















जल संरक्षण विषय पर अतिथि व्याख्यान का आयोजन

AMAR UJALA (MY CITY) NEWS PAPER

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छात्राओं ने ली जल संरक्षण की शपथ



इस्माईल कॉलेज में आयोजित कार्यक्रम में शामिल शिक्षिकाएं और अन्य। संवाद

मेरठ। इस्माईल नेशनल महिला पीजी कॉलेज में बुधवार को द ग्लोबिंग वर्ल्ड फाउंडेशन की ओर से जल संरक्षण पर व्याख्यान हुआ। इसमें संस्था की अध्यक्ष अदिति चंद्रा ने छात्राओं को जल संरक्षण के उपाय बताए। प्राचार्य डॉ. हुमा मसूद ने शुभारंभ किया। डॉ. गरिमा, डॉ. बबिता शर्मा, डॉ. रनिका, मनोषा गोयल, चित्रा त्यागी, शाहिस्ता, इरम, डॉ. शजिया, बिनीता, आंकाशा, फरहा ने सहयोग दिया।



## इस्माईल नेशनल महिला पीजी कॉलिज, मेरठ

डॉ० चरण सिंह विश्वविद्यालय, मेरठ (पूर्व में मेरठ विश्वविद्यालय, मेरठ) से सम्बद्धता प्राप्त

नॉक द्वारा A ग्रेड मूल्यांकित कॉलिज

दिनांक 24.03.2021

### प्रेस विज्ञप्ति

इस्माईल नेशनल महिला पीजी कॉलिज, मेरठ में आज दिनांक 24-03-2021 को महाविद्यालय की पुरातन छात्र समिति की तरफ से जल संरक्षण विषय पर अतिथि व्याख्यान का आयोजन किया गया। कार्यक्रम का शुभारंभ महाविद्यालय की प्राचार्या डा० हुमा मसूद द्वारा किया गया। कार्यक्रम की मुख्य अतिथि समाज सेविका तथा इस्माईल नेशनल महाविद्यालय, मेरठ की पुरातन छात्रा अदिति चन्द्रा रहीं, उन्होंने जल संरक्षण पर व्याख्यान द्वारा सबको जागरूक किया कि पाने का पानी नहीं तक कैसे सुरक्षित रहेंगे। हमारे बच्चों का भविष्य बिना पानी के कैसे होगा। बिना पानी के हमारा भारत देश कैसा होगा। रहीमदास जी की निम्न पक्तियों द्वारा पानी के महत्व को समझाया "रहिमन पानी रखिए, बिन पानी सब सून"। सभी शिक्षिकाओं तथा पुरातन छात्राओं ने जल संरक्षण करने की शपथ ग्रहण की। कार्यक्रम के डा० गरिमा, डा० बबीता शर्मा, डा० रनिका, श्रीमति मनीषा गायेल, श्रीमति चित्रा त्यागी, कु० शाहिस्ता, कु० ईरम, डा० शाजिया, श्रीमति विनीता, श्रीमति साकांक्षा, श्रीमति इरम जहां, कु० फरहा आदि का सहयोग रहा।

सेवा में,

सम्पादक/सम्पादिका

कृपया उक्त प्रैस विज्ञप्ति छापने की कृपा करें।

डॉ० दीपा त्यागी

प्रेस प्रवक्ता

1. Alumni detail in five hundred words (Document proof).
2. No of enrolled alumni
3. Alumni contribution (in Rupees)
4. Meeting /Activities organized by alumni association
5. Alumni Serving (presently):  
(Serving Certificate required)

Signature of the convener