

Physical Education

Program Specific outcomes.

- 1) Students will acquire a comprehensive knowledge and sound understand fundamentals of physical Education.
- 2) Students will develop practical, theoretical skill in physical Education.
- 3) Students will be prepared to acquire a range of general skills, to specific skill to communicate with society.
- 4) Students will acquire a job efficiently in diverse field such as B. P Ed, M.P.Ed, S.S.C, NET, ETC.

Program outcomes

Physical Education is a very wide Subject in which biological, psychological. Physical, health and functional aspects of sports and body are studied. It is noteworthy that it is such a subject with the help in to keep the human body in thermally. Students will definitely be able to discharge duties to wands themselves and society through this subjects. Under this subject, the students can demonstrate excellently their skill and perfection particularly in sports ability management, leadership health plan, event management, sports budgeting, physiology, teaching methods, sports psychology and research along with getting information regarding to the importance of physical education.

B.A.II."paper I (Health education Course out came

Students can be able to understand various aspects of heath with respect to Personal and environmental. In this subject students will Study about Personal health, environmental health. Personal health is the ability to take change of your health by making conscious decisions to be healthy. Environmental health focuses on the interrelationships between people and their environment,

promoter human health and Wellbeing, and fosters healthy and safe Communities.

B.A II (paper) II (Psychological basis in physical Education) Course out comes: students can be able to understand various aspects of psychology, apply to sports person and how to organize sports and recreational activities.

BAII (paper III Care of Athletic injuries & Rehabilitation)

Course outcomes: -students can be able to understand athletic Injuries and Athletic care and Rehabilitation

Paper I (Management in Physical Education) Course out comes: This course is designed to give real time exposure to students. in the area of management in physical education events /sports. The students will also learn about store management, purchasing and budget making.

paper II (Introduction to statistics & computers in physical Education)

course out comes- statistical analysis, can help demonstrate the integrity lack of sports loose many chances of jobs in sports field disentangling the intricate factors. coaches and management constantly are seeking an advantage over their team's opponent.

B.A III (Paper III Kinesiology and bio-mechanics in physical Educations)

Course Outcomes: Students can be able to understand various aspects of Kinesiology in sports and able to apply in sports activities.

PRACTICAL COURSE OUTCOMES

B.A.I- Regular physical activity and exercise is one of the most important things you can do for student health.

B A.II -Physical Exercise is a very wide activity students tend to spend more and more time indoor and outdoor games. On the other hand playing outdoor games can improve mental and physical health of students.

B.A.III- Physical activity and yoga and meditation is very helpful in prevention of many diseases and students will learn about. It in a practical manner.