## **Psychology**

### **Programme Outcome**

The outcomes that a student should be able to exhibit on completion of a degree level programme in Psychology are as follows:

- Comprehension about the discipline, its research methods, theories and models.
- The flair to link up theory with individual experiences and varied applied settings.
- Capacity to practice professional skills in the area of Psychological testing, assessment and counseling.
- Developments of skills in specific areas related to specific specialization (eg. Psychodiagnostics, counseling learning disability, health community mental health and organizational behavior.
- A general understanding about how knowledge of Psychology can be applied to benefit the management and /or amendment of problems of mankind.
- Capability to articulate ideas in appropriate manner with scientific writing and authentic reporting.
- Sensitivity towards diverse contexts, ethnic groups, minorities, marginalized groups and gender issue.
- Development of skills and attributes of empathy, team work, coordination, cooperation, conflicted, tution and congruence.

# B.A. IIND YEAR PAER IST (PSYCHOPATHOLOGY)

COURSE OUTCOME: The student will be able to understand criteria of abnormality and one's own behavior and the behavior of others, by applying the knowledge of classification systems, assessment and diagnosis. They will develop sensitivity towards individual diversity and various approaches to the diagnosis and treatment of Psychological disorders. They will be able to summarize the symptoms, etiology and valid and reliable treatment methods of Mental health disorders.

# B.A. IIND PAPER IIND (SOCIAL PSYCHOLOGY)

COURSE OUTCOME: By the end of the course, students will be able to summarize general information, through in class discussion and assignments, pertaining to Social Psychological theories and apply Social Psychological theories to their lives. They will be able to critically evaluate research to understand and explain distressing human social behavior and relate social psychological concepts and theories to historic and current world national and local events.

### B.A. IIIRD PAPER IST

#### **PSYCHOLOGICAL MEASUREMENT AND TESTS**

COURSE OUTCOME: The students are made aware of the basic terms & test that are necessary for conducting the research. The basic terms includes level of measurement, validity, reliability, standardization of the test & norms, Normal Probability curve etc.

#### **PAPER IIND**

#### (COUNSELLING AND GUIDANCE)

#### COURSE OUTCOME:

This course id prepared with the view to gain the knowledge about:

- 1. Fundamentals of guidance and counseling.
- 2. Methods of assessing the personality.
- 3. Characteristics and purpose of various types of counseling.
- 4. Importance of counseling in real life.

#### B.A. II

The practical make the student aware of their own attitude, aggression, anxiety, stress, social inter relation.

#### B.A. III

Intelligence, interest, values, reaction time of the student was measured with the help of appropriate tool or inventory.

# OUTCOME OF M.A. COURSE 2019-20 PROGRAMME OUTCOME:

- 1. The student can work at any institution or organization as a counselor.
- 2. The student can work as a Psychologist in any hospital.
- 3. The student can work as a teacher in private school.
- 4. The student can work as a teacher in aided college.

#### M.A. IIIRD SEMESTER

#### HEALTH PSYCHOLOGY

To gain familiarity with meaning of health in socio cultural context, stress and coping behavior, behavioral health, resources promoting and maintaining Mental health, behavior and Chronic Diseases future of health Psychology.

#### 2. GUIDANCE AND COUNSELLING

This course is prepared with the view to gain the knowledge about

- 1. Fundamentals of guidance and counseling.
- 2. Methods of assessing the personality.
- 3. Characteristics and purpose of various types of counseling.
- 4. Importance of counseling in real life.

#### 3. School of Psychology

In the school of Psychology, we make the student aware of different of views on Psychology by the different people e.g. factionalism, structuralism, behaviorism.

#### 4. INDIAN PSYCHOLOGY

To gain familiarity with Indian Psychological concepts, the core and context of Indian Psychology. Trends of research and ontological and Epistemological premise of Indian Psychology.

#### M.A. IVTH SEM

### 1. CLINICAL PSYCHOLOGY

To get the students acquainted with

- 1. Clinical Assessment.
- 2. Meaning of Psycho-Diagnosis and Prognosis.

- 3. Techniques of Psycho-Diagnosis.
- 4. Clinical Psychology as a Profession.

#### 2. STRESS MANAGEMENT AND COPING

This course is aimed at Nature of Stress and health, Managing/coping with Stress, Bio feedback Assertiveness training, time Management, Coping with organizational role.

#### 3. Neuro Developmental Disorders

This course is aimed at learning Disabilities, Attention Deficit Hyper Activity Disorder, Autistic Spectrum Disorders and Dementias.

### 5. Psychopathology

To get the students acquainted with the nature of Psychological disorders classification of Psychological disorders, Indian perspectives on sufferings and various Psychological approaches to management.

# M.A. IIND SEM PRACTICAL OUTCOME

Creativity test- This practical make the student aware of their creativity level, there capacity to solve the problem by adding new concept, terms & divergent thinking.

Five Factor Inventory- It make the student aware of there personality traits.

Zeigarnic Effect- This practical make the student aware that incomplete task is more remembered than the complete task.

Tower of London – The student get aware of their problem-solving behavior.

# M.A IIIRD SEM PRACTICAL OUTCOME

To make the student aware of the unconscious content, with the help of TAT projective test. This test help the student to identify their needs, emotions & interpersonal relationship with each other.

MPI- This practical make the student aware of the personality traits.

MMPI- This practical make the student aware of there pathological trait e.g. depression, hysteria, obsession compulsion etc.

# M.A. IV SEM PRACTICAL OUTCOME

This semester include a dissertation which is a research work. In this student is allotted a topic on which they have to work on by making appropriate statistical tool.