7.1.11: Institution celebrates / organizes national and international commemorative days, events and festivals

World's Mental Health Day:

Ismail National Girls PG College, Meerut, organized a special lecture in Urdu Department, On the occasion of "World's Mental Health Day" in which Dr. Vandna Sharma, Head Department of Psychology, INPG College, Meerut. speaking about the diagnosis and treatment of mental illnesses. She said, "Don't let anxiety and loneliness get in the way. Always be positive and maintain strong and healthy relationship with others.





Teacher's Day Celebration

On the eve of Teacher's Day a program was organized on 4th September 2021by the Principal Dr. Huma Masood. On this occasion all the guests, teachers and UPTA members were welcomed in the hall. Principal thanked everyone for their efforts and hard work by distributing trophy as a token of love. After that Urdu department organized a play 'Daroga Ji Chori Ho Gayi' written by Jayawardhan and directed by Bharat Bhushan Sharma was staged by the artists of Swang Shala Acting Academy.







WORLD URDU DAY

On the occasion of World Urdu Day, November 09 2021, various programs were organized at various places. On the occasion of the birthday of famous poet Allama Iqbal, a quiz was organized by Urdu Department of Ismail National Mahila PG College, Meerut.



Birth anniversary of "Sir Syed Ahmed Khan

On the occasion of Birth anniversary of "Sir Syed Ahmed Khan" Urdu dept. of Ismail National Mahila PG College, Meerut, organized a writing and speech competition in which nearly 40 students of B.A and M.A actively participated.

International Mother Language Day

A program was organized on 21-02-22 in the college on the occasion of "World's Mother Language Day" in collaboration with the Deptt of Sanskrit, Hindi and Urdu.













Krantidivas:

A quiz competition was organized by the urdu department of ismail national mahilapg college, meerut. On the occasion of "krantidivas" which was a part of the "azadikaamritmahotsav" in which BA,MA students took part enthusiastically and winners got the prize.



Speech & Poem recitation competition on Govind Ballabh pant Jayanti

A 'speech competition' and 'poetry recitation' were organized in the Ismail National Mahila PG College, Meerut to commemorate the birth anniversary of **Bharat Ratan Pandit Govind Vallabh Pant ji**, as part of the chain of freedom's **Amrit Mahotsav Chora-Chori Centenary Celebrations.** The program was conducted by Dr. Mamta Singh, Head of the Department of Economics.





"Hindi Sulekh Kala Pratiyogita" on "Hindi divas"

On 14 September2021, the glorious day of Hindi Divas, NSS Unit-3 of I.N.M.PG College, Meerut has organized a "Hindi Sulekh-Kala Pratiyogita".Mrs.Meenu Sharma,programme officer threw light on the importance of the Hindi language and motivated volunteers for the competition.

All the dignitaries have expressed their love and dedication towards Hindi language with their beautiful poetry. The event was organized by programme officer, Mrs. Meenu Sharma.





Constitution day:

To spread the importance of the Indian Constitution, India observes November 26 as the Constitution Day of India. In view of this Ismail National Mahila PG College, Meerut has organized constitution day in Ramlal hall. The Preamble reading was done by Principal Dr.Anita Rathi followed by everyone present in the assembly of people consisting of faculty, staff, NSS Volunteers, students and all others. An open quiz on constitution was also organized in which 50 volunteers have participated. Meenu Sharma has explained the answers at the end of the quiz. The programme on Constitution Day was attended by faculty members, staff, NSS Volunteers, students and others in large numbers and actively participated in the event.







"AIDS Awareness program on AIDS Day:

Theme: World Aids Day 2021 "End inequalities. End AIDS. End Pandemics".

Organized by: Mrs. Meenu Sharma (program officer NSS Unit-3)

Objectives:

- ❖ Aims at making people aware of the causes, treatment, and prevention of Aids
- Spread awareness among people who are not receiving essential HIV services.
- Special focus on reaching people left behind

On 1st December 2021, on the occasion of "World Aids "Day" an Aids awareness program" was conducted by NSS unit-3 of Ismail national Mahila PG college, Meerut. The program was organized by Mrs. Meenu Sharma, under the valuable guidance of respected Principal Dr. Anita Rathi. The program is aimed at making people aware of the causes, treatment, and prevention of Aids. The program was based on World Aids Day 2021theme "End inequalities. End AIDS. End Pandemics" which focuses on the increasing inequalities & inequities in access to the healthcare services for HIV due to Covid-19. on this occasion, all the NSS volunteers wore red ribbons. The red ribbon is an internationally recognized symbol for AIDS awareness, worn by people throughout the year in support of people living with HIV and in remembrance of those who have died. Volunteers also pinned the red ribbon to Principal mam, faculty members, staff members, and other students to commemorate World AIDS Day. Wearing a red ribbon is a simple and powerful way to challenge the stigma and prejudice surrounding AIDS. Volunteers have painted their hands with Aids Prevention slogans like "No Aids", "Love Life", "Stop Aids". The NSS unit- 03 also organized a peaceful awareness rally on the theme of "AIDS Prevention". Colorful and meaningful posters were made and carried along with by the volunteers during the rally. The rally was flaged off by principal, Dr.Anita Rathi. More than 50 volunteers attended/participated in the rally along with NSS program officer. The rally started from the college and was continued in the city and ended back to college. The object of the NSS rally was to create awareness on AIDS prevention and to awaken and instill a sense of responsibility and moral duties among the public. The student volunteers throughout the rally were enthusiastically shouting slogans on awareness like "Jo Suraksha se naata todega wo ek din duniya chodega" Vishwa aids divas manayenge iske prati alakh jagayenge". After that an "Aids Awareness Quiz" was also organized in the college, in which 55 volunteers have participated. Mrs Meenu Sharma has asked questions to volunteers. In this quiz, Sonika Chauhan, Hina Rajput, Vanshika secured first, second, third place respectively. In the next section of the awareness program, Dr. Tungveer Singh Arya, professor of

Medicine and Nodal officer of AIDS Control Program (ARTC) Lala Lajpat rai memorial Medical college, Meerut delivered an informative lecture to the students on Aids prevention. Dr. Arya is associated with aids prevention awareness under the aegis of UP State AIDS Control Society (UPSACS), Lucknow for the care and management of Persons Living with HIV/AIDS (PLHAs) in Meerut and adjoining districts. Dr. Arya made all volunteers pledge to be alert for AIDS prevention and spread awareness among people for the same.100 NSS volunteers have participated in different sections of this awareness program.













"Human Rights Day Celebration"

Theme: Human Rights Day 2021 "Equality, Reducing inequalities, advancing human rights."

Organized by: Mrs. Meenu Sharma (program officer NSS Unit-3)

Objectives:

- ❖ To make the Volunteers aware of a broad range of fundamental rights and freedoms to which all of us are entitled.
- ❖ To read the Universal Declaration of Human Rights which empowers us all. The principles enshrined in the Declaration empower us to stand up for our own rights and those of others.
- ❖ We can take action in our own daily lives, to uphold the rights that protect us all and thereby promote the kinship of all human beings.
- ❖ To empowered volunteers to prevent inequality, abuses, and discrimination, protect the most vulnerable.
- ❖ To promote "Mission Shakti", an initiative by Uttar Pradesh Government for women empowerment.

Activities:

- > Rangoli with effective messages of Women Empowerment.
- ➤ Reading the Universal Declaration of Human Rights empowers us all.
- ➤ Guest lecture by Dr. Anubhuti Chauhan.
- ➤ Q& A by students about women empowering laws in India.

Event Report:

On 10th December 2021, NSS unit-3 of Ismail National Mahila PG college, Meerut has conducted one day camp on the college premises. This camp was dedicated to Human Rights Day. The theme for year 2021 was 'Reducing inequalities and advancing human rights'. Many volunteers participated enthusiastically in the Program. The activity was organised by the NSS Program Officer of NSs Unit-3 under the overall supervision and guidance of Honorable Principal Dr. Anita Rathi. Human Rights Day is observed every year on 10 December. It commemorates the day on which, in 1948, the United Nations General Assembly adopted the Universal Declaration of Human Rights. In 1950, the Assembly passed resolution 423 (V), inviting all States and interested organizations to observe 10 December of each year as Human Rights Day. In this program, volunteers were gathered in "Ramlal Hall" of the college. The program was especially focused on Mission shakti, an initiative taken by Uttar Pradesh Government to empower women. On this occasion, volunteers also made rangoli which spread messages of "gender Sensitization" like All human beings are born free and equal in dignity" "Strength has no gender" "women are the real architects of society" and "Right to Education For women". The aim of this rangoli art is to sensitize and educate not only the NSS volunteers but other students about the importance of human rights and the need to protect and promote them. In another part of the program, a Guest lecture was organized. The Program began with all present in the auditorium taking the Human Rights Pledge. Dr. Anubhuti Chauhan, founder and president of "Arunodaya Society" has delivered a lecture on "challenges for women Rights in Contemporary Time". Dr. Chauhan is the general secretary of World women awakening organization, member of Women harrasment pvvnl uppcl western Up and president of Aseem naari shakti. Dr.chauhan has focused on key laws of women's rights in India and aware students about them. She also answered several questions related to Human rights posed by volunteers.In the end, Dr. Anita Rathi motivates volunteers for being empowered and aware of other women for their rights.





Rangolis Made by NSS Volunteers







Earth day celebration by chemistry Dept.:



"International Plastic Bag Free Day":





World Water Day:

On the occasion of World Water Day a quiz was organized by Urdu Department on 22.3.2022 titled 'Save Water' in Ismail National Mahila PG College, Meerut in which the importance and utility of water, Questions were asked. Main aim was to make the young generation realize the responsibilities of water conservation and instruct them to act with little thought on the most important subject like water conservation, so that the present and future generations become serious about conservation and due to the scarcity of water



in the coming times, human life should not face a dangerous situation.

Poster Competition on World Environment Day

Under the **Azadi ka Amrit Mahotsav** by the **Department of Economics** of Ismail National Mahila PG College, Meerut, an online poster competition was organized on the occasion of **World Environment Day** on Sunday. In which students of B.A. & M.A. participated. Head of Department Dr. Mamta Singh told the students that this time the theme of World Environment Day 2022 is **"Only One Earth"**.



Web Portal News Channel & Hindi Newspaper



मेरठः– विश्व पर्यावरण दिवस पर इस्माईल पीजी कॉलेज में ऑनलाइन पोस्टर प्रतियोगिता का आयोजन

एमटीवी:– इस्माईल नेशनल महिला पीजी कॉलेज के अर्थशास्त्र विभाग द्वारा आजादी के अमृत महोत्सव के तहत रविवार को विश्व पर्यावरण दिवस के अवसर पर ऑनलाइन पोस्टर प्रतियोगिता का आयोजन किया गया। जिसमें एमए एवं बीए की छात्राओं ने भाग लिया। विभागाध्यक्षा डॉ.ममता सिंह ने छात्राओं को बताया कि इस बार विश्व पर्यावरण दिवस 2022 की थीम "केवल एक पृथ्वी" है। इस मुहिम का नारा है पृथ्वी के प्रति सद्भावना में रहना। 50 साल बाद आज फिर इस नारे को अपनाया गया है, यह नारा 1972 के स्टॉकहोम सम्मेलन में सबसे पहले दिया गया था। प्राचार्या प्रो.अनीता राठी ने कहा कि हमारी धरती और जनजीवन को सुरक्षित रखने के लिए पर्यावरण को सुरक्षित रखना जरूरी है। डॉ. कविता गर्ग ने कहा कि आज के औद्योगिक सभ्यता वाले युग में पर्यावरण बुरी तरह से दूषित हो रहा है ऐसे में जरूरी है कि लोगों को पर्यावरण के प्रति जागरूक कराया जाए।