

7.2 Best Practices

Best Practice -1

1. Title of the Practice

Environmental Consciousness and Sustainability

2. Objectives of the Practice

- To acknowledge the vulnerability of our environment and the significance of its preservation
- Promoting sustainable lifestyles through the transition towards low-carbon and green economies.
- Pursuing the values of green thinking and social responsibility.
- To take on the role of an environmental ambassador and contribute to building an improved world for future generations.
- Aiding in the UN's (United Nations) pursuit of other Sustainable Development Goals.

3. The Context

Women and nature are almost always intertwined. Our institution prioritises fostering environmental awareness in its students as part of its efforts to mould the responsible citizen, encouraging a sustainable lifestyle that is committed to the ideas of green consciousness and societal accountability. The organisation encourages its several sections to take part in a range of projects that support environmental sustainability and conservation. By identifying viable solutions to the environmental, social, and economic needs of humanity, the institution has made significant

efforts to promote sustainable and environmentally friendly activities on campus. The context appreciates and executes all constructive practises for responsible consumption and production by improving resource efficiency in order to fulfil the 12th SDG objective of ensuring responsible consumption and production practises.

4. The Practice

As part of the zero- waste project, many programmes are hosted on campus. Single use plastic is completely prohibited in the campus. The college has installed power-efficient equipment (Energy-saving LED Bulbs) and made the best use of solar energy by installing solar-powered panels in the college, which are utilised to generate solar-powered electricity. The college has installed a rain water harvesting unit to preserve water. NSS units of the college hosted a plantation drive during van Mahotsav in which tree planted in nearby localities and volunteers planted in their neighborhood areas with a pledge to nurture them. NSS units also initiated 'Aarogya Vaatika' in Ismail National Inter college Shastri Nagar with medicinal plants. The institution successfully launched cleaning programmes throughout the college and surrounding places. The institute planted indoor plants in departments and landscape the college with plants while maintaining Navgriha Vaatika. Volunteers from the NSS have organised street play in support of the plastic ban and environmental conservation. Students are constantly engaged in plantations to promote the value of greenery and the reduction of carbon emissions.

5. Evidence of Success

The college aspires to maximise green energy utilisation by harvesting solar energy through efficient energy and waste disposal techniques. Together with it, our students have worked on plantations in the locality.

NSS volunteers have educated individuals about environmental conservation and sustainable development. NSS units have organized workshop on waste management which particularly focus on waste segregation and composting technique. NSS volunteers utilized single use plastic by making eco-bricks and made useful things out of waste.

6. Problems Encountered and Resources Required

Our students have witnessed the problem in maintaining the saplings planted in local parks and other places. The commitment of NSS volunteers in terms of time and effort is the most significant resource. They have raised awareness through rallies and took responsibility to nurture these plants.

Best Practice -2

1. Title of the practice:

Women Empowerment and Employability

2. Aims and objectives:

- To emancipate women via education, as well as to fortify them with and an ethical outlook on life.
- To obtain social equality as a requirement for empowering women.
- To provide greater cultural space for women to develop their own unique identities.
- To educate and equip students with the knowledge they need to manage their careers.

- The provision of chances and initiatives for women to gain financial, psychological, and emotional empowerment in order to support their development as self-sufficient persons.
- To educate them about the possible legal remedies to deal with an inappropriate social behaviour within the institution and society;
- To encourage healthy behaviours in the students that they will instill for life.
- Organising workshops and seminars to spread awareness of the resources and possibilities available.
- To foster an entrepreneurial mindset in young girls so that they developed as ‘Job creator’ rather than ‘Job seeker’.

3. Context:

“Empowering a woman empowers the next generation”

Women constitute the total strength of the college. Majority of them hail from lower social and economic background. Women Empowerment is the manifestation of women’s autonomy in decision making, freedom of expression & control, and to equip women to meet the complex challenges in the current scenario. Recognising that female representation is not the sole factor—rather, it is an essential component—is critical for the growth of inclusive, responsive, and transparent democracies. Inequality and women harassment is a social stigma; the college has taken keen interest to protect the rights of girl student by organizing distinctive programmes.

“If you educate a boy you educate an individual, if you educate a girl, you educate a whole family”.

The education given to female students gives them the tools they need to break out of their gender-based stereotypes of inferiority, instilling in them the spirit of rising like a phoenix and being empowered to take leadership and work for the benefit of the institution in particular and society in general. The

substantial underrepresentation of girls in leadership positions will be curbed by the active student involvement in institution policy-making. In this context the college has designed several women empowerment programmes to educate the girl students.

4. Practices:

Our college has a Women Study Cell and Institute's Innovation Centre (IIC) dedicated to this purpose. Intercollegiate contests provide students a platform to display their abilities, creativity, and talents, which improves their career prospects. The departments and cells routinely hold courses designed to empower young women by giving them the skills to increase their employability, boost their self-esteem, and generate revenue. The institution is tasked with carrying out training initiatives for improving employability skills, including certificate courses, workshops, demonstrations, hands-on training, and awareness lectures. IQAC keeps an eye on how the action plan is being carried out. MoUs/linkages/collaborations are undertaken with industry/organizations. Classes for competitive exams are additionally designed with students in mind to accommodate them in a variety of sectors in this highly competitive environment. The instructors offer programmes that prepare students for competitive tests including the UP TGT, PGT, NET, Bank entrance, and other exams. Others include debates, sessions and discussions with NGO's, police officials to familiarise the students with human rights, local visits to industries, seminars for personality development, and self-defense through training sessions by NSS Units. Yoga and meditation for mental health and fitness are also important activities.

5. Evidence of Success

The institution has identified major changes in the attitude of students on various parameters. Overcome of shyness, more participation in class wise seminars and extra –curricular activities, Positive attitude, free interaction with teachers and other students. Every year the students of the institute feature in the merit of the university in various subjects. The students of the college participate and win the competitions in sports, drama, music, debates, quiz etc. Several proposals of Institute’s Innovation Centre (IIC) of the college including Eco-friendly bag got approval in CCS University and one of our pride student Ishika went to Governor house to present the bags in front of 13 countries Ambassador and Honourable Governor Smt. Anandiben Patel.

6. Problems Encountered and Resources Required

Though the organizers and participants are keen to invite professional and expert trainees and speakers from outside and to initiate their business startups, the college found it difficult to host such activities due to lack of financial resources. Although college management supported, whenever these issues emerge.