

ISMAIL NATIONAL MAHILA PG COLLEGE, MEERUT (Affiliated with C.C.S University, Meerut, formerly Meerut University)

NAAC Accredited A Grade College

	Summary Sheet-		
Criteria	Criteria 03- Research, Innovations and Extension		
Key Indicator	3.4- Extension Activities		
Metric	 3.4.1Extension activities are carried out in the neighbourhood community, sensitizing students to social issues, for their holisticdevelopment, and impact thereof during the year 2021-22 3.4.3. Number of extension and outreach Programmes conducted by theinstitution through NSS/NCC/Government and Government recognized bodies during the year 2021-22 		
Response	30 Extenuation activities outreach Programmes conducted by theinstitution during the year 2021-22- Table, Pics and report of the activities.		

S. No.	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
1.	Plantation	NSS, INMPG College, Meerut	वन महोत्सव	10/07/2021	25
2.	Conference on Water Conservation	NSS, INMPG College, Meerut	Water Conservation	12/07/2021	40
3.	Presentation of National Anthem	NSS, INMPG College, Meerut	आजादी का अमृत महोत्सव	13/08/2021	30
4.	Voter Registration Program	NSS, INMPG College, Meerut	Vote Awareness Program	11/11/2021	100
5.	Voter Awareness Rally	NSS, INMPG College, Meerut	Vote Awareness Program	17/11/2021	45
6.	Sadak Suraksha, Oath Ceremony	NSS, INMPG College, Meerut	सड़क सुरक्षा सप्ताह	22/11/2021	25
7.	Slogan Coemption	NSS, INMPG College, Meerut	सड़क सुरक्षा सप्ताह	23/11/2021	25

Table

8.	Poster Competition	NSS, INMPG College, Meerut	सड़क सुरक्षा सप्ताह	25/11/2021	40
9.	कविता लेखन प्रतियोगिता	NSS, INMPG College, Meerut	सड़क सुरक्षा सप्ताह	26/11/2021	20
10.	Quiz Competition	NSS, INMPG College, Meerut	सड़क सुरक्षा सप्ताह	27/11/2021	50
11.	Yog Training	NSS, INMPG College, Meerut	Mission Shakti	30/11/2021	100
12.	Rally & Lecture	NSS, INMPG College, Meerut	Aids Day	1/12/2021	100
13.	Guest Lecture on the topic वर्तमान परिदृश्य में महिला अधिकारों के समक्ष चुनौतियां एवं संभावनाएं	NSS, INMPG College, Meerut	Human Right Day	10/12/2021	100
14.	Rally on Voter Awareness	NSS, INMPG College, Meerut	Sweep	17/12/2021	73
15.	परीक्षा पर चर्चा	NSS, INMPG College, Meerut	परीक्षा पर चर्चा by PM Narendra Modi	1/4/2022	76
16.	Conference on Citizen Day	NSS, INMPG College, Meerut	आ <mark>जादी का अ</mark> मृत महोत्सव Citizen Day	21/04/2022	40
17.	Health Awareness Program	NSS, INMPG College, Meerut	Mission Shakti	7/5/2022	50
18.	Program on Prevention from Natural Disaster	NSS, INMPG College, Meerut	Natural Disaster Prevention	23/2/2022	50
19.	Distribution of Sanitary Napkins	NSS, INMPG College, Meerut	Awareness About Health & Education	24/2/2022	50
20.	Nukaad Natak	NSS, INMPG College, Meerut	प्लास्टिक हटाओ पर्यावरण बचाओ	24/2/2022	50
21.	Workshop	NSS, INMPG College, Meerut	Workshop on Eco Bricks	25/2/2022	50
22.	आरोग्य वाटिका की स्थापना	NSS, INMPG College, Meerut	Health Awareness	25/2/2022	50
23.	Craft Training	NSS, INMPG College, Meerut	Skill Development	26/2/2022	50
24.	स्वच्छ अभियान	NSS, INMPG College, Meerut	Swachh Bharat mission	26/2/2022	50
25.	Guest Lecture on Mental Health Awareness Scheme	NSS, INMPG College, Meerut	Mental Health Awareness	27/2/2022	50
26.	Self Defence Training	NSS, INMPG College, Meerut	Mission Shakti	27/2/2022	50
27.	Handicraft Exhibition	NSS, INMPG College, Meerut	Entrepreneur Scheme	28/2/2022	50
28.	Tobacco Control Programme	Ranger Committee INMPG College, Meerut	National Tobacco Control Programme (NTCP)	03/12/2021	64

29.	Cleanliness Campaign in Slump Area	Ranger Committee INMPG College, Meerut	The Clean India Mission	19/02.2022	22
30.	Plastic Debris: Impact on Environment and wild Life	Ranger Committee INMPG College, Meerut	Environment Awareness Programme	30/03/2022	133

Letter of NSS

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4	संचन्यवाद ।	

NSS SECOND UNIT REPORT (2021-22) PROGRAM OFFICER:

SUMAN MISHRA

Suman Mishra: **On 10.07.2021**, under the Van Mahotsav, a sapling plantation program was organized in the Mahila Udyan, in which 25 volunteers participated.

An online seminar was organized on the subject of water conservation on 12.07.2021, in which Raman kant, the founder of Neer Foundation, as the keynote speaker, spoke about the importance of water conservation.

Suman Mishra: **On 13.08.2021**, live presentation of National Anthem was done by 30 volunteers under Azadi ka Amrit Mahotsav.

On 16.08.2021, the first orientation program was organized for the students of BA II, BA III year and M.A. III semester to join the National Service Scheme.

Suman Mishra: Oath taking program was organized on 30.10.2021 on the eve of the death anniversary (Resolution Day) of late Mrs. Indira Gandhi.

Orientation program was organized on 12.11.2021 to connect the girl students of BA first year, M.A. first semester with National Service Scheme.

Suman Mishra: Voter awareness rally was organized under SVEEP on 17.11.2021.

Road Safety Week was celebrated from 22.11.2021 to 27.11.2021, in which oath was administered on 22.11.2021, in which 25 girl students participated.

Slogan competition was organized on 23.11.2021, in which 25 girl students participated.

The first, second and third winners of this competition were Nazmeen, Farheen and Vanshika respectively.

Suman Mishra: Poster competition was organized on 25.11.2021, in which 40 girl students participated.

Mantasha Ansari became the first winner of this competition, Shifa Mehrab got the second place and Idalia and Pinky got the third place.

Poetry writing competition was organized on 26.11.2021 in which 20 girl students participated. Nazneen got first place, Hina Rajput got second place and Vanshika got third place in this competition.

Suman Mishra: Quiz competition was organized on 27.11.2021 in which 50 girl students participated. Nazneen became the first winner of this competition, Vanshika got the second place and Hina Rajput got the third place.

Voter awareness rally was conducted on 17.12.2021 under SVEEP.

On 01.04.2022, under the joint aegis of NSS and Rover Rangers, volunteers participated in the live dialogue program of the fifth edition of the very important program 'Pariksha Pe Charcha' organized by the Prime Minister every year.

[Suman Mishra: On 21.11.2022, under the Amrit Mahoty of Independence, a seminar was organized on National Civil Day in which 40 volunteers participated.

On 07.05.2022, a health awareness program was organized under the third phase of Mission Shakti, in which Chief Speaker Medical Committee in-charge and National Service Scheme Program Officer Suman Mishra informed the girl students about important precautions related to health.

Suman Mishra: On 11.11.2021, under the one-day camp, a program was organized to make the girl students aware to get Voter ID made under the Voter Education and Participation Action Plan.

On 30.11.2021, a yoga camp was organized under Mission Shakti in a one-day camp, in which yoga instructor Dr. Meena Rastogi introduced the volunteers to various asanas of yoga.

Suman Mishra: AIDS awareness rally, guest lecture, human chain and quiz competition were organized under one day camp on the occasion of World AIDS Day on 01.12.2021. Sonika Chauhan, Hina Rajput and Vanshika got first, second and third place respectively in the quiz competition.

On this occasion, Dr. Tungveer Singh Arya gave detailed information about AIDS.

Suman Mishra: On 10.12.2022, on the occasion of World Human Rights Day, a guest lecture was organized on the subject of challenges and possibilities before women's rights in the present scenario, in which Dr. Anubhuti Chauhan, founder and social worker of Arunodaya Samaj, was the main speaker.

Suman Mishra: A seven-day camp was organized by the second unit of the National Service Sche me from 22.02.2022 to 28.02.2022 at Ismail Girls Inter College L Block Shastri Nagar, which was inaugurated by NAS College teacher and NNS Nodal Officer Dr. Pankaj Sharma with Deep Prajwal.

On the first day, the volunteers were made aware of the outline of the programme, their responsibilities and they were divided into different teams.

Suman Mishra: On 23.02.2022, an awareness program was organized by Sarabjit Kapoor, decorated with the President's Medal, to prevent natural calamities and a rally was taken out on the topic of water conservation.

On 24.02.2022, an awareness program for medical and education was organized near Malin Basti Rangoli Mandap and Nukkana Natak was organized on the topic of remove plastic, save environment.

Suman Mishra: On 25.02.2022, under the joint aegis of Rise Foundation NGO, a workshop was organized on the subject of eco-trees and sapling plantation and health garden were established.

On 26.02.2022, Mrs. Nisha Gupta, Head of the Department of Home Science, Ismail National Women's PG College, gave craft training to the volunteers and cleanliness campaign was conducted by the volunteers.

Suman Mishra: On 27.5.22, a guest lecture was organized on the subject of mental health, in which Dr. Vandana Sharma, Principal of Ginni Devi College, was the main speaker.

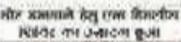
In the second session, the volunteers were trained in self-defense by Ajay Upadhyay, founder of AJ Prahar Ek Sankalp Foundation.

The closing ceremony of the camp was organized on 28.02.2022, in which many cultural programs were presented by the volunteers on the theme of Amrit Mahotsav of Independence and a handicraft exhibition was organized.

One Day Camp (30-11-2021)











Annexure3





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प्रमान करने साथ हिंदा मार्ग । कार्य करिया के प्राप्त करिया के राज्य स्थान भाषा गया । इसके माथ ही या सहस्तती की प्रतिमा क नामन कि अवादन एक माख्यापील विरात तारा । मुख्य अतिथि ने स्वार्थकार्थना के अवादन एक प्रदेशनात्मर प्राकृतिम अलपत्रांग की क्यांत ह में जतादन एक प्रदीत्मात्मर रूप से प्रदर्शन करने हैं क्यांति ह में जतादन एक प्रदीत्मात्मर रूप से प्रदर्शन करने हैं क्यांति के विद्यार्थन अत्रार्थना की प्रदर्शन कहने दिवाला किस्सा स्वार्थनां की कार्यन प्रतिप्रा की प्रदर्शन कहने दिवाला किस्सा स्वार्थनां की कार्यन प्रतिप्रा की प्रदर्शन कहने दिवाला किस्सा स्वार्थनां की कार्यन प्रतिप्रा की प्रदर्शन कहने दिवाला किस्सा स्वार्थनां की कार्यन प्रतिप्रा की प्रदर्शन कहने कि कार्यन स्वार्थनां की कार्यन प्रतिप्रा की दिवाल का की नार्यदा प्रतिप्रा का नार्यन की किस्ता कार्यनां किस्सा किन्द्रा की कार्यन की कार्यन किस्ता के दिवाल कार्यन किस्ता की प्रतिप्रा की का नार्यन ही कार्यन कार्यनां किस्ता के प्रतिप्रा की प्रतिप्रा का नार्यन ही किस्त नार कार्यन किस्ता की नार्यन की का नार्यन ही किस्ता नार कार्यन की कार्यन की प्रतिप्र का नार्यन की कार्यन कार्यन के प्रतिप्र के प्रतिप्रा की प्रतिप्रा का नार्यन की कार्यन की प्रतिप्र के प्रतिप्रा की प्रतिप्र कार्यन की कार्यन की कार्यन की किस्ता कार्यन किस्ता के प्रतिप्रा की कार्यन की कार्यन के प्रतिप्र की प्रति कार्यन के प्रतिप्र के प्रतिप्र की प्रतिप्र का नार्यन के कार्यन के प्रतिप्र की प्रहर्भी हो स्वा की कार्यनका कार्यन कार्यन fair I ashan & fator and faire ane , where at the





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मेरठ। इस्पाईल नेशनल महिला पीजी कलिज की छात्राओं के द्वारा गलिन बस्ती में अभियान ब्रलाया गया। स्वास्थ्य एव शिक्षा के प्रति युवा और पत्र्यों को जागरूक किया गया। सात दिवसीय शिक्षि कहि आयोजन राष्ट्रीय सेवा सेवना की प्रथम हितीय और तृतीय इकाई के राग किया गया। कार्यक्षम में प्राची, आफिया शाहनाज, नाजिश, ब्रह्मध्य, शिवानी रही। यस

कड़करशा, शिवाली रही। व्यूपी

श्रकवार - 25.02.2022



Halles (right) (P.G.) College

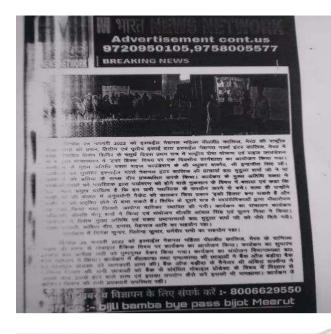


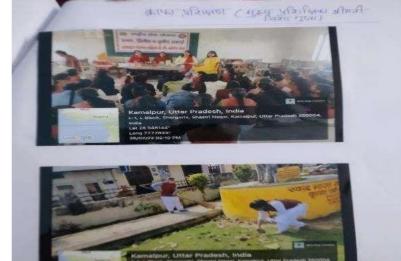












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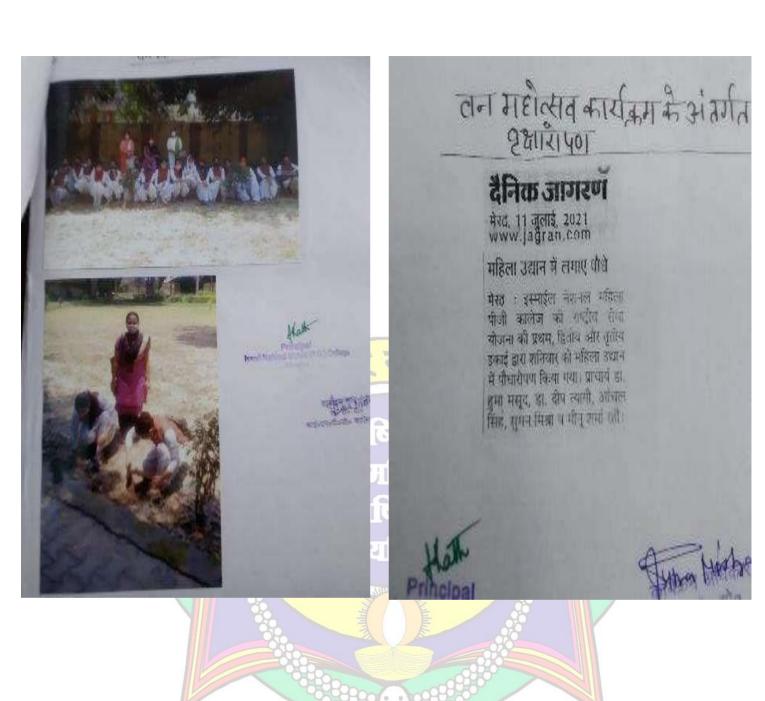


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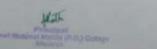
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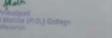
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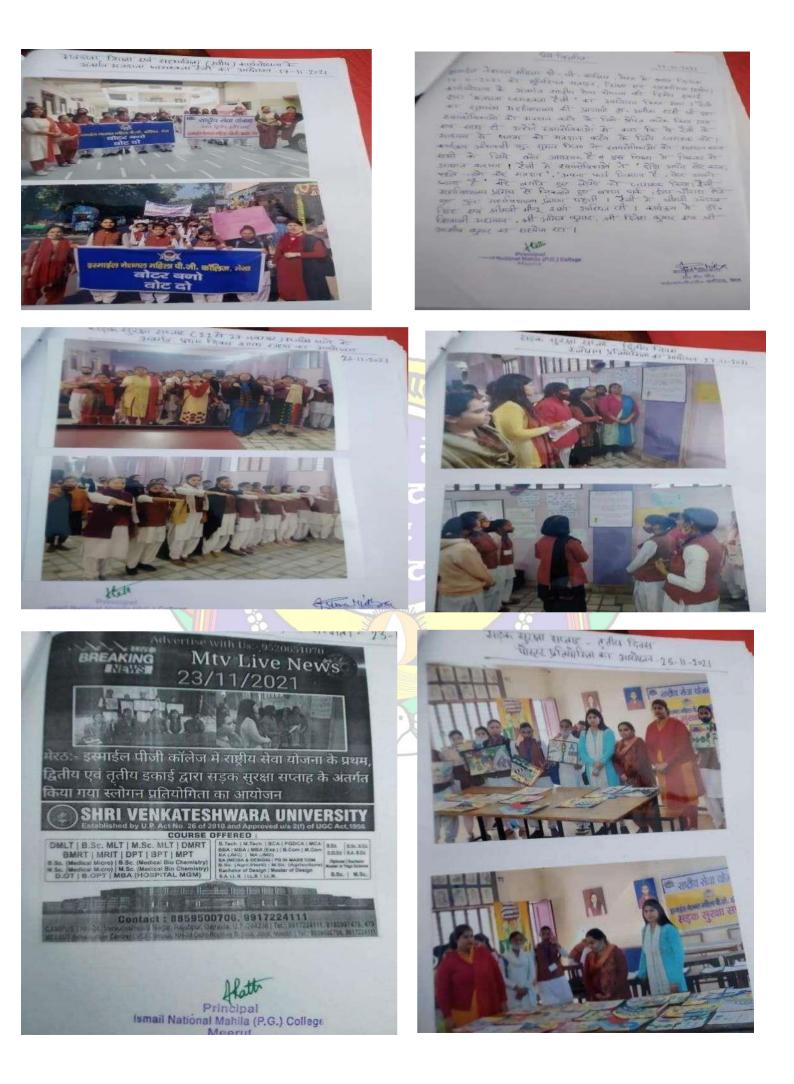












यूथ इण्डिया पोस्टर प्रतियोगिता का आयोजन

मेरठ। इस्माइल नेशनल महिला पीजी कॉलेज में गुरुवार की राष्ट्रीय सेवा योजना की प्रथम, दिलीय एवं तृतीय काम झरा सड़क सुरक्षा समाह दिनांक 22/11/2021 -27/11/2021 तक मनाए आने के अंतर्गत चतुर्थ दिवस पर पोस्टर प्रतियोगिता का आयोजन किया गया। जिसमें स्वयंसेविकाओं ने सड़क सुरक्षा ये संबंधित नियमों को पोस्टर के माध्यम से व्यक्त कराते हुए लोगों को सड़क सुरक्षा के प्रति जागरूक किया। कॉलेज के प्राचार्या डॉ अनीता राठी ने खत्र्याओं हारा बनाए गए पोस्टरों का अवलोकन कर उत्साहयधान किया।



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इस्माइल म हुइ प्रश्नासरा प्रासंप्रामास्ता मेगठा इस्माइल नेशनल महिला पीजी कलिंज में शनिवार को सडक सुरक्ष प्रयाह के अंतर्गत चल रहे कार्यक्रमों के क्रम में राष्ट्रीय सेवा योजना की प्रथम, दितीय एवं तृतीय इकाई द्वारा अतिम दिवस विवज प्रतियोगिता हुई। 50 छात्राओं ने प्रतिभागिता कर सडक सुरक्षा से जुड़े नियमों के कारे में प्रश्न पुष्टे। कार्यक्रम अधिकारी आवल सिंह, सुपन मिन्ना और मीनू शानी ने सवालों के जवाब दिए। विवज प्रतियोगिता में नाजनीन वरित्वा और हिना रचम द्वितीय, तृतीय रही। प्रायार्थ डॉ. अनीता राठी ने छात्राओं को बभाई दी। ब्यूरो

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स्माइंत नेत्रज्ञत महिल पी.जी. कॉलेंज मेळ

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Extension Activities by B.Ed. Department

Report of Mission Green India Date – 5/10/2022

Introduction: Students of B.Ed First year (2020-2022) of Ismail National Mahila PG college Meerut, volunteered to conduct a program on the theme **"Mission Green India"**. This specific program took place at **"Ladies Park"**, Meerut. It's main objectives to spread awareness among students and people to plant more and more tress, for fresh environment and reduce the effect of Global Warming. Total 46 students participates in this activity and planted various tress like neem, peepal,, mango etc. So, conclusion was that the activity conducted successfully with the support of our teacher Dr. Anju Bala Rajput.

- i. Objectives of the Programme:
 - 1. The mission aim to protect restore and enhance India's falling forest cover.
 - 2 It also respond to climate change through a combination of adaptation as well as mitigation measures.
- iii Outcome of the activity:
 - 1. They take very interest to grow different types of plants.
 - 2.She take decide to grow planted trees in her life.

3 She will take care of the pledge for the maintenance of plant and also make other aware.

iv Feedback on the Programme:-

Report of feedback form



Report of feedback form

Question 1- Do you think such voluntary program can change our environment problems?				
Answer- YES/NO				
Question 2- Do you think such type of program should be conducted frequently?				
Answer- YES/NO				
Question 3- Was this program well organized and structured?				
Answer- YES/NO				
Question 4- Do you think that students are more interested in such programs?				
Answer- YES/NO				
Question 5- Did you find the activity interesting throughout?				
Answer- YES/NO				
Question 6- Did the activity meet the identified objectives?				
Answer- YES/NO				
Question 7- Was the selection of place for this activity appropriate?				
Answer- YES/NO				
Question 8- Do you think of more ideas for Mission Green India?				
Answer- YES/NO				
Question 9- Did this activity fulfilled your syllabus requirement?				
Answer- YES/NO				
Question 10- Did you find self satisfaction participatory in this activity ?				
Answer- YES/NO				







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Report - Nutrition Diet Awareness Program

Date - 17/05/2022

- **i.** Introduction: A Volunteer Program was conducted with B.ED 2 nd year student of session 2020-22 on the theme of "Nutrition Diet Awareness" at "Ismail National Girls Inter College Purani Tehsil " this activity was conducted on 17th May 2022 to make student aware of the importance of nutritious diet especially for girls . 45 student of B.ED 2nd year have participated and went to "Ismail National Girls Inter College " where 120 student were present and Dr. Vineet Kumar as Guest explained the importance of Fruits , Vegetable , Pulses , Sprouts and Balanced Diet to the students and special Guests Principleof "Ismail National Girls Inter College Purani Tehsil National Girls Inter College Purani Tehsil Meerut " . The awareness program visit was satisfactory.
- ii. Objectives of the Programme:
 - 1. To promote awareness about nutrition diet in girls.
 - 2. To have an understanding as to how to meet our service users' nutritional needs.
 - 3. To have an awareness of food hygiene regulations and to be able to put them into

practice.iii Outcome of the activity:

1. Understand the importance of a well balance diet including the importance of fluids. 2. Understand the basic of food hygiene and the consequences if they are not adhered to.

3. Describe the functions and purposes of the essential nutrients, carbohydrates, fats, proteins, vitamins, mineral and

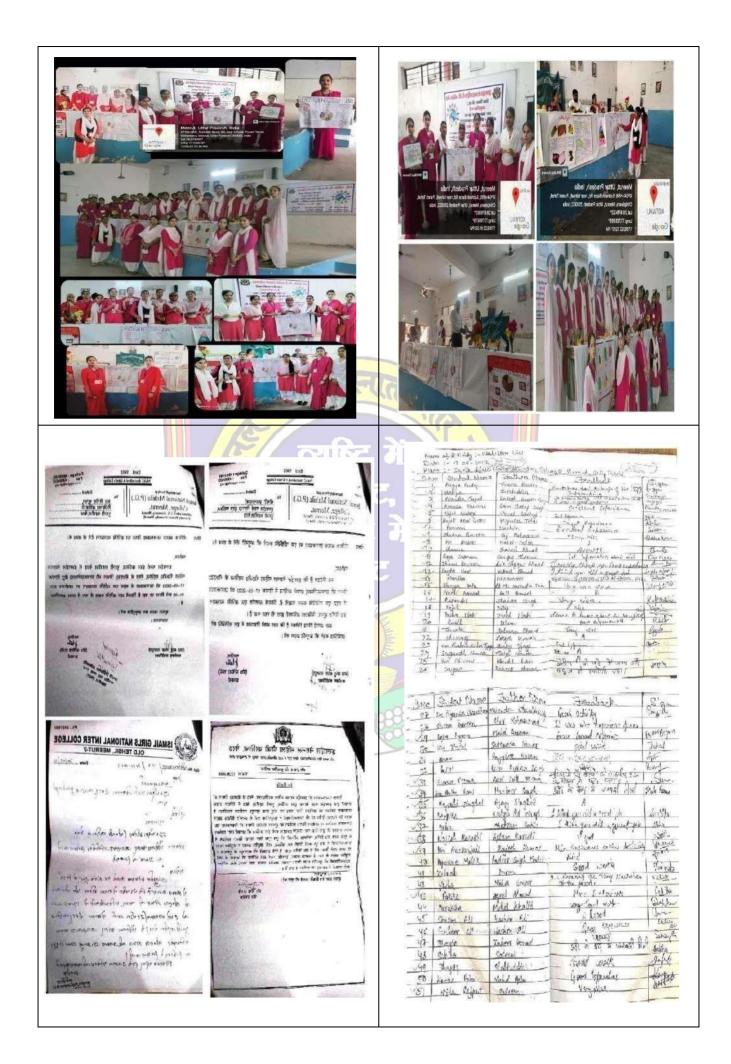
water describe.



iv Feedback on the Programme: –



Feedback Form	प्रतिषुष्टि
evert Name :	रते 1 गर राजने लगत है कि इस प्रकार का स्वयंत्रेले कार्यक्रम सार्थ का पाणिटक आहार लेने के लिए
pepartment :	ा गा मुख्यो तरहा है में इस प्रस्त पर स्थरता संपत्ना का साम सामा करना करना का साम सामा करना है?
e(50):	Para and
11: Do you think such type of volunteer program can aware students to take utritious diet ?	हो / गरी
ies / No	P
X2 : Do you think such type of program meet the theme of Nutrition Diet Iwareness ?	ही / नहीं 3 पर अच्छो सगत है कि इस सरह के व्यर्थक्रम समय-समय पर आयोजित किए जर्मन प्रतिण?
/ts/No	funt
Q3 : Do you think such type of programs should be conducted time to time ?	s मदा यह स्टावंडेडी सार्वतजा अपछी तरह से संतिथत या ?
Yes/No	d at
Q4 : Was this volunteer program well structured ?	CONTRACTOR AND A DECK
Yes/No	5 मत रवयले कार्यमन निर्धारित प्रदेश्य को पूरा काल हैं?
QS : Does the volunteer program meet the Identified objective 7	\$1.78
Yes/No	र वया प्राप्ता स्वयंत्रेय कर्त्र की ये त्रम् कियान स्वयंत्र के विषय क्रिया के विषय क्रिया है?
Q6 : Do you find the volunteer program interesting from start to end ?	1.11
Yes/No	रे कह इस कार्यक्रम से अपने परिषक अग्रम के करे में जनाने में कहर की?
07 : Does this program helped you to learn about Nutritious diet ?	ti#
Yes/No	g um er ütigen den m ?
Q8 : Does this program was inspiring ?	d/m
Yes/No	The second s
C9 : Was this volunteer program well organized ?	9 मद्य वह स्वयंत्रेचे स्वयंत्रम मुख्यप्रसिथत था ?
Yes/No	利市
Q10 : Does this program helped you to understand the importance of Nutritics Diet for healthy life ?	10 मण इस मार्थक्रम में अपको स्वस्थ जीवन के लिए चेवन अद्रुप के महत्व को हायद्वले से स्वद् बी?
Yes/No	1.4









इस्माइल डिग्री कालेज में पौष्टिक आहार जागरूकता कार्यक्रम



(आज का भूमेरिन) अनुल पाडेक्वरी





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SHEETAL PAY JAL SEWA - May 28th 2022

i. Introduction: On May 28th 2022, BED second year , session 2020-22 student of ISMAIL MAHILA P.G COLLEGE , department of Education went to Buddhana Gate and Organized "SHEETAL PAY JAL SEWA" camp there. by and at the same time appealed to the passers

by to throw the disposable glass in the dustbin. Around 40 students took part in thisactivity and served
 "SHARBAT" to the passers –by .

ii. Objectives of the Programme:

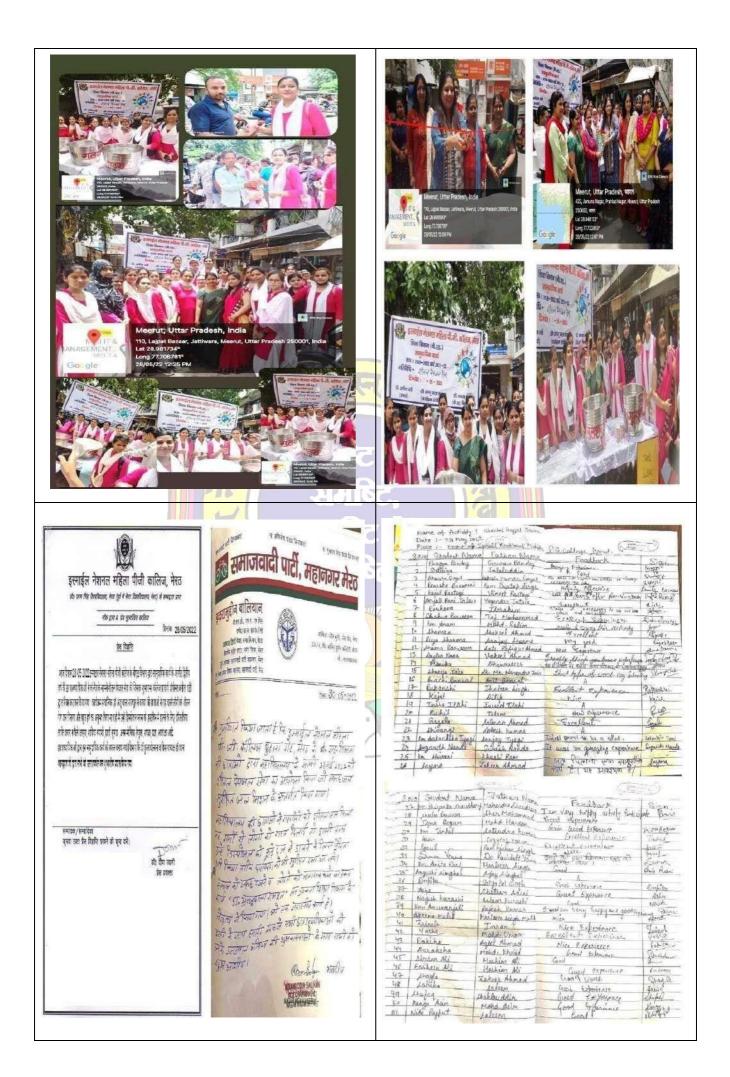
- 1. To the passers The main objective of doing this activity is to save the passers by from the thirst and hard stroke in summer.
- 2. inculcate the spirit of helping all in the student.

iii Outcome of the activity:

- 1. All the students liked it very much to serve water to the wandering people .
- 2. Inspired to all people to put the disposale in the dustbin.
- 3. All student take very much interest in this type of activity.

iv Feedback on the Programme : -

Report of feedback form	Question 7 Did you find the volunteer program interesting
Duestion 1 – Do you think such voluntary program can change the nindset of society about the girl child ?	Question / contraction / contr
ins. YES/NO	Ans. YES/NU
Question 2- Did this program meet your national curriculum requirement? Ans. YES/NO	Question 8- Did you encounter difficulties in organizing this program or in approaching targeted people?
Question 3- Do you think such type of program should be conducted frequently?	Ans. YES/NO
Ans. YES/NO	Question 9- Was the selection of the site for volunteer program appropriate?
Question 5- Did the volunteer program meet the identified objectives?	Ans. YES/NO
Ans. YES/NO	Question 10- Did you find self satisfaction after participating in this
Question 6- Did you receive good ideas and ways by which you can help the society?	volunteer program ? Ans. YES/NO
Ans. YES/NO	





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हात्राओं भारत छात्राओं ने बुढ़ाना गेट पर लगाई प्याऊ, शरबत बांटा १४ Ам Ком Брагат - 2000/2022

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मेरठ:-



मेरठ । शनियार को दोपहर में इस्माइल क्रियी कॉलेज की बीएड काजाओं ने बुढ़ाना गेट पर शीतल पानी की प्याऊ लगाई। वहां से आने जाने वाले लोगों को शरबल विशरित किया।

कार्यक्रम संयोजियत डॉ अंज्यु बाला राजपूत तथा डॉ वंदना भारद्वाज रही। यह आयोजन कॉलेज प्राचार्य डॉ अनीता राठी के निर्देशन में किया गया। बीएड की खात्राओं ने इस्माइल डिग्री कॉलेज के बाहर तिराहे पर प्र्याऊ लगाकर से वहां से गुलरने वाले लोगों की शरबत वितरित किया। BREAKING NEWS

मेरठ।इस्माइल डिग्री कॉलेज की बीएड छात्राओं ने शनिवार को दोपहर में बुढ़ाना गेट पर शीतल पानी की प्याऊ लगाई। वहां से आने जाने वाले लोगों को शरबत वितरित किया।

खुद्धाना गेट पर छात्राओं ने बांटा शर्वत मेरत । हरमावेल डिग्री कॉलज को बीपत छात्राजी ने गानिया ! पंपतर कालेज जेट के बाल्ट प्रवाह बगावार लोगों को गर्वत पोटा । कार्यक्रम संयोजिका झें, अन्यू पाला राजपूर, डी. बंदना पारहाज, प्रावर्ग डी.अनीवा राठी, शीं ।



SAVE GIRL, EDUCATE GIRL - 11/10/2021

- i. Introduction: Highlights the importance of self defence for the girl child.
- ii. Objectives of the Programme:
 - 1. TO create awareness about saving life of girl child and to promote her education.
 - 2. Equal right to education to every girl and to motivate her for education.
 - 3. Education for empowerment of girls there is a fundamental aspect to under the BBBT.
- iii.Brief Summary of Events/ Sessions: On 11/10/2021 ,student of B.Ed first year (2020-22) volunteered to conducted a program based on 'SAVE GIRL,EDUCATE GIRL.'This program took place at L BLOCK SHASTRI NAGAR, VALMIKI LOCALITY highlighted the importance of self defence for the girl child.the student listed out various government initiatives like shiksha Abhiyan 2002 An right to education act 2019.The student also acknowledge the people about various helpline number for the security and protection of the girl child. In total 45 students volunteered and activity interacted with the audience and convinced them to eliminate social evils like female foeticide and spread awareness or issues related to health and education of the girl child.
- iv. Conclusion :- All in all, it was a successful program.
- v. Outcome of the activity :-
- 1 Women are the most important part of the society and have equal rights as of man.
- 2 Save girl child is a champion which is launched for safe birth of a girl child .
- 3 'Sabla ' scheme was launched by Ministry of women and child welfare which aims to empower adolescence girls throw education .
- 4 We should respect women and they should be given equal opportunity to move forward in life.

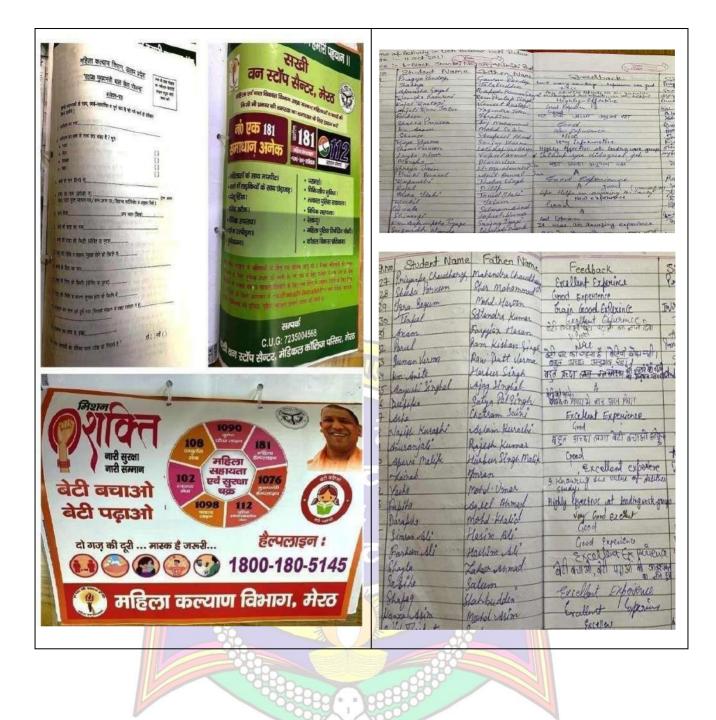
5- Protecting girls from exploitation and giving them information about right /wrong .Feedback on the Programme :-

Report of feedback form

Question 1 - Do you think such voluntary program can change the mindset of society about the girl child ? Question 2- Did this program meet your national curriculum requirement? Question 3- Do you think such type of program should be conducted frequently? Question 4- Was this program well structured and organized? Question 5- Did the volunteer program meet the identified objectives? Question 6- Did you receive good ideas and ways by which you can help the society? Ans. YES/NO 41/04 Question 7- Did you find the volunteer program interesting throughout? Question 8- Did you encounter difficulties in organizing this program or in approaching targeted people? Question 9- Was the selection of the site for volunteer program appropriate? Question 10- Did you find self satisfaction after participating in this volunteer program?















19.19.19

कंकर खेडा मेरठ सके कारणाउन







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KHUSHBOO SHARMA

Permanent Address: 140/1, Gandhi Nagar, Opp. Nandan Ginema, Meerut – 250001 Mobile No. 9756389866 Email – khushbooshamail/86@gmail.com

OBJECTIVE:

To evolve myself as an efficient person capable of accepting challenging assignment in a dynamic and competitive environment.

The main motive of Women's Welfare Department, Meerut, The main motive of Women's Welfare Department, Meerut is to work for Women Employerment and Education. The organization is also responsible for successful Implementation of various women oriented programs like Mission Shakti etc.

RESPONSIBILITIES:

- Recruitment and Selection of Candidates. Proper documentation of the project. Co ordination for MIS Organizing & providing HRD Training for the employees Man Power handling. Co-ordination with Managerial Level, Superior and Sub-ordinates. Providing Induction, Orientation making Job Profile. Inspection at the time of visits to the different projects. Co ordination with operation team. Design New & Innovative Training Programme.

Profile: Faculty in SyndRSETI Meerut since July 2012. On Job Training:

- "Trainers Training Programme" at Bengaluru, organised by National Academy of RUDSET1 in 2013. -
- "Refresher Training Programme" at Bengaluru, organised by National Academy of RUDSETL in 2019. -
 - Certified EDP Trainer from National Academy of RUDSETI in 2019.

ACADEMIC QUALIFICATION:

- M.A. (Education) from C.C.S. University Meerut in 2012. 8. Ed. From C.C.S. University Meerut in 2011. M.A. (English) from C.C.S. University Meerut in 2009. B.A. from C.C.S. University Meerut in 2009. Intermediate from U.P. Board in 2004. High School from U.P. Board in 2004.

- ACADEMIC & PROFESSIONAL ACHIEVEMENTS:
- Penticipated and secure 3rd Position in Seminar on Privatization of Professional Education in India.
 Penticipated in Hindi DiwasSamaroh organised by Syndicate Bank and got certificate for best presenter in 2015.
 Awarded by Adarsh Shiksha Ratan from Adarsh Yuva Samiti on 01.09.2019.
 Certificate of appreciation by Siksha Setu Club-60 on 12.09.2019.
 Certificate of appreciation in Teacher Innovation Award by Si Aurobindo Bolley in spreading 2110 innovation movement on 30.09.2019.
 Acilively participated in Coordination of Beauty Parlour Management trainees for bridal makeup of brides during the District level Mukhya Mantri Samoohik Vivah Yojna on 14.11.2019.
 Certified for auccessfully qualifying Mission Shakti online quiz organized by Covt. Freedom Struggles Museum, Meeru on 20.20.20.
 Received letter of appreciation from District Administration under Mission Shakti on 25-10-2020.
 Received letter of appreciation from District Administration for invaluable support under Mission Shakti on International Women's Day 2021.
 Appreciated by Mahila Morcha, Bhartiya Janta Party for working during Covid-19 pandemic period on 08-32021.

EXTRA-CURRICULAR ACTIVITIES:

- Organizational
 - 2
 - Provide training to the Self Help Groups of Meerut District. Provide EDP training to the female jail inmates of Meerut District. Co-Ordinate the literacy camp opened by Syndicate Bank in Bhagwanpur Chittawan village under Women Literacy Mission.

COMPUTER PROFICIENCY:

- Computer Basics Internet.
- •

HOBBIES:

Singing& Dancing. Interior Decoration.

- PERSONAL INFORMATION:

T AND THE REPORT OF THE TAXABLE PROPERTY OF TA		
Name		Mrs. Khushboo Sharma
Date of Birth		09.10.1988
Marital Status		Married
Father's Name		Shri Rakesh Kumar Sharma
Father's Occupation	π.	Businessman
Mother's Name		Smt. Manju Sharma
Mother's Occupation		House Wife.
Gender		Female
Nationality		Indian
Language	2	English & Hindi



Report of Swachta Abhiyan – 2/10/2021

Introduction: A volunteer program was conductored with B.Ed 2nd year student of session 2020-22. On the theme of Swach Bharat Mission in Lal Kurti Handiya Mohalla Malin Basti , Meerut . This activity was conducted on 2nd oct 2021 to create awareness amoung the students regarding cleaness and its benefits under this programall the student of class had to participate . It is also an added feature of government clean **India Mission** This projects was launched as a tribute to Mahatma Gandhi National Wide campaign aiming to clean up streets , roadscities and rural areas. Student finds that this activities helps to increase in indivisual productivity by healthy bodyand healthy mind.

i. Objectives of the Programme :

To clean the streets , road and infrastructure and keep the garbage clean.
 To achieve universal sanitation coverage and to encourage hygienic sanitation practice.

AHISC (

3. To eliminate or reduce open defecation.

iii Outcome of the activity :

To promote cleanliness and hygiene in a wholistic manner.
 To bring improvement in the quality of life in slum areas.
 To create awareness about health and hygiene.

iv Feedback on the Programme : -

Report of feedback form

Report of feedback form

Question 1- Do you think such type of activity will be helpful in clean India mission?

Ans.Yes/No.

Question 2- Did this activity meet the expectation of students about Swachh Bharatmission?

Ans.Yes/No

Question 3- Was this volunteer program well-organized?

Ans.Yes/No

Question 4- Did you receive any new ideas by which you can help in swachh Bharat mission?

Ans.Yes/No.....

Question 5-Do you think this type of activity should be conducted time to time to promote government schemes?

Ans.Yes/No

Question 6-Did you learn some new ways of cleaning our society?

Ans.Yes/No

Question 7-Did you find any difficulty in organising this activity?

Ans.Yes/No.....

Question 8- Was a letter of this site/place appropriate for this volunteer program ? Ans.Yes/No

Question 9 Did you find this activity interesting?

Ans.Yes/No

Question 10- Did you find self-satisfaction after participating in this activity? Ans.Yes/No.





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Extension activity by Psychology Department Report Of Nukkad Natak on 19/2/2022



Extension Activity by Political Science Department Tour to Government Museum Meerut-







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ISMAIL NATIONAL MAHILA PG COLLEGE, MEERUT

(Affiliated with C.C.S University, Meerut, formerly Meerut University) NAAC Accredited A Grade College A Study tour was organised on 22.12.21 by the Department. National Museum of Meerut was visited by our students so that they made aware about the events and Heroes of our National Movement. It proved very beneficial for the students. 18 Students were there with our teachers.

The Museum Director gave a scholarly lecture on glorious National movement .

Dr Shivali Agrawal HOD Political Science

Extension Activity by Rangers Committee Report of Tobacco Control Programme

2021-2022

Government of India launched the National Tobacco Control Programme (NTCP) in the year 2007-08 during the 11th Five-Year-Plan, with the aim to (i) create awareness about the harmful effects of tobacco consumption, (ii) reduce the production and supply of tobacco products, (iii) ensure effective implementation of the provisions under "The Cigarettes and Other Tobacco Products (Prohibition of Advertisement and Regulation of Trade and Commerce, Production, Supply and Distribution) Act, 2003" (COTPA) (iv) help the people quit tobacco use, and (v) facilitate implementation of strategies for prevention and control of tobacco advocated by WHO Framework Convention of Tobacco Control.

During the 11th Five Year Plan, NTCP was implemented in 21 states covering 42 districts. To carry forward the momentum generated by the NTCP during the 11th Five Year Plan and baseline data generated through the Global Adult Tobacco Survey (GATS) India 2009-2010, indicating high level of prevalence of tobacco use, it was upscaled in the 12th Five Year Plan with a goal to reduce the prevalence of tobacco use by 5% by the end of the 12th FYP. As per the second round of GATS, the number of tobacco users has reduced by about 81 lakh (8.1 million).

The main thrust areas for the NTCP are as under:

- Training of health and social workers, NGOs, school teachers, and enforcement officers;
- Information, education, and communication (IEC) activities;
- School programmes;
- Monitoring of tobacco control laws;
- Coordination with Panchayati Raj Institutions for village level activities;

Setting-up and strengthening of cessation facilities including provision of pharmacological treatment facilities at district level.

NTCP is implemented through a three-tier structure, i.e. (i) National Tobacco Control Cell (NTCC) at Central level (ii) State Tobacco Control Cell (STCC) at State level & (iii) District Tobacco Control Cell (DTCC) at District level. There is also a provision of setting up Tobacco Cessation Services at District level.

Currently, the Programme is being implemented in all 36 States/Union Territories covering around 612 districts across the country.

National Tobacco Control Cell (NTCC): The National Tobacco Control Cell (NTCC) at the Ministry of Health and Family Welfare (MoHFW) is responsible for overall policy formulation, planning, implementation, monitoring and evaluation of the different activities envisaged under the National Tobacco Control Programme (NTCP). The National Cell functions under the direct guidance and supervision of the programme in-charge from the MoHFW i.e. Joint Secretary. The programme broadly envisages;

Report: Rangers committee of Ismail National Mahila PG College has organised National Tobacco Control Programme on 3rd December 2021. Rangers Incharge Dr.Pooja Rai welcome all the guest and participants. In her welcome she says that "Nasha Nash ka mool hai"(Toxic is the root for decline). Mohit Bhardwaj from Sant dariav Das smark shiksha samiti delivered a lecture on awareness regarding Tobacco control. Principle Dr. Anita Rathi was the chair of the programme. Dr.Anita Rathi said that such initiative is demand of time for creating a society of blessings. 64 students participated and take pledge regarding awareness of Tobacco control. Dr. Monika, Amit Kumar, Dharamveer and gaurav are those who were present along with other teaching and non- teaching members of the college. At the end of the programme Dr. Pooja Rai has delivered vote of thanks.

Attachements: 03.12.2021







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इस्माईल नेशनल महिला पीजी कालिज, मेरठ बोठ बरण सिंह विश्वविद्यालय, वेरठ (पूर्व वे वेरव विश्वविद्यालय, वेरठ) से सम्बद्धता प्राप्त

नॉक बारा A ग्रेज मूल्यांकित कालिज दिनांक 03.12.2021

प्रेस विज्ञप्ति

विनांक 03-12-2021 को इस्माईल नेशनल महिला पी0जी0 कालिज, मेरठ की रंजर्स समिति झारा राष्ट्रीय तम्बावरू नियन्त्रण' कार्यक्रम का आयोजन किया गया । कार्यक्रम में सन्त दरियाव दास समारक शिक्षा समिति के सदस्य श्री रोहित भारद्वाज अतिथि के रूप में उपस्थित रहें। श्री रोहित भारद्वाज ने छात्राओं को तम्बाकू नियंत्रण से संबंधित जानकारी दी एवं इससे होने वाले नुकसान से भी रेजर्स को अवगत कराया। रेजर्स प्रभारी डाo पूजा राय ने सभी अतिथियों का स्वायत करते हुए कहा के 'नशा नाश का मूल है'। तम्बाकू सेवन स्वास्थ्य के साथ-साथ समाज का पतन भी करते हुए का कोर्यक्रम की अच्यक्षता महाविद्यालय की प्राचार्या प्रोठ अनीता राठी ने किया। कार्यक्रम का उंत्त के छात्राओं ने अपनी भागीदारी दर्ज की और इस कार्यक्रम को सफल बनाया। कार्यक्रम का अंत तम्बाकू नियन्त्रण के लिए लोगों को जागरूक करने के शपथ के साथ किया गया। धन्यवाद झापन रेजर्स प्रमारी डाo पूजा राय ने किया। कार्यक्रम के संचालन में डाठ मोनिका, श्री अमित कुमार धर्मचीर, गौरव आदि का सहयोग रहा।

सेवा में,

सम्पादक⁄सम्पादिका कृपया उक्त प्रैस विज्ञप्ति छापने की कृपा करें।

प्राचार्या



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<u>Cleanliness Campaign In Slump Area</u>

The art of cleanliness involves keeping your mind, body, house, and environment clean. As maintaining a clean b ody and mind is essential for both healthy mental and physical health, we should make cleaning our daily task. Ou r neighborhood's and environment's cleanliness is important for our society's wellbeing. Maintaining cleanliness i s our responsibility, not that of others, as it can lead to numerous illnesses and diseases and serve as a breeding gr ound for flies and mosquitoes.

Starting with personal hygiene, we should practise basic cleanliness by washing our hands to keep bacteria and ge rms at bay.

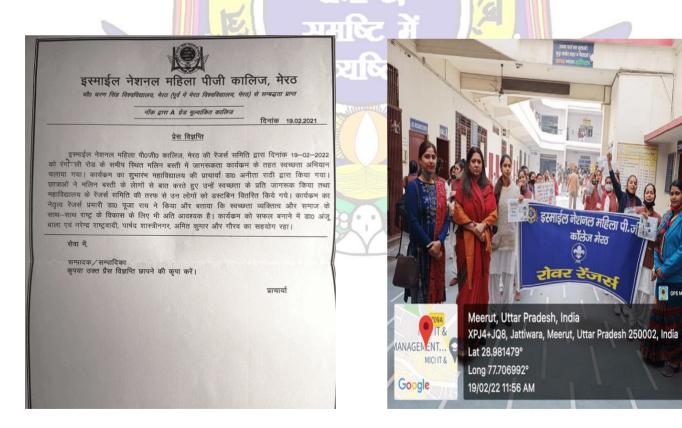
The Clean India Mission, a countrywide push to clean the streets, roads, and neighborhoods, is one of the initiatives the Indian government launched to promote cleanliness. It includes 4041 municipalities. At Rajghat in New Delhi,

where Prime Minister Narendra Modi himself cleared the way, this campaign got underway on October 2, 2014. Three million government leaders, as well as schools and universities from all around India, participated in this, the largest cleanliness campaign ever held in India. At Rajpath, he also signaled the start of a walkathon, and to everyone's amazement, he marched alongside the participants for a considerable distance as well as just a few token steps.

Through the Clean India Movement, which is raising awareness, the public has been encouraged to take responsibility for their actions. With the majority of people now actively participating in cleanliness initiatives across the state, Gandhi's vision of a "Clean India" has started to take shape.

Report: On 19 February 2021, awareness was spread under the cleanliness campaign in slump area near Rangoli Road by the Ranger Committee at Ismail National Women's PG College Meerut. This program was organized by Dr. Pooja Rai, in-charge of Ranger Committee, as well as the program was inaugurated by showing green flag by the principal of the college. Under this program, 22 girl students participated and went to the slum and distributed dustbins and biscuits on behalf of the college. Dr. Anju Bala Rajput, teacher of B.Ed department of the college as well as Shastri Nagar's councilor Narendra rastravadi, Amit, Gaurav etc. were also helpful in making this program successful.

Attachments:



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(आज का बुलेटिन) अतुल माहेश्वरी मेरत। इस्माइंल नेतनल महिला पाँ जी महाविद्यालय, मेरठ के रेंजर्स समिति के द्वारा दिनांक 19.02.0022 को रंगोली रोड के समीप स्थित मलिन बस्ती में स्वच्छत अधियान के तहत जागरूपत फैलाया गया कार्यक्रम का शुभारम्भ

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राठी हारा किया गया।कार्यक्रम के के प्रति जागरूक किया तथा अंतर्गत छात्राओं ने मलिन बस्ती के महाविद्यालय के रेंजर्स समिति के तरफ वितरण किया गया। कार्यक्रम का नेतृत्व रेंजसं प्रभारी डॉंo पूजा राय ने किया और बताया कि स्वच्छता समाज के साथ साथ राष्ट्र के लिए आवश्यक है। महाविद्यालय की डॉo अंजु बाला राजपूत(शिक्षा विधाग) , नरेंद रास्ट्वादी(पार्थद, शास्त्री नगर) अभित और गौरव का भी कार्यक्रम को सफल बनाने में सहयोग रहे।







NUIDE

डस्टाबन ।वतरण कर चलाया सफाई अभियान : इस्माईल नेशनल महिला पीजी कालेज की रेंजर्स समिति ने शनिवार को रंगोली मंडप रोड स्थित मलिन बस्ती में स्वत्क्वता अभियान वलाया । छात्राओं ने मलिन बस्ती के लोगों को स्वत्क्वता के लिए जागरूक करते हए डस्टबिन का वितरण किया ।

स्वच्छता को लेकर कॉलेज की छात्राओं ने मलिन बस्ती के लोगों को किया जागरूक।



भेरठाइस्माईल नेशनल महिला धी जी महाविद्यालय . मेरठ के रेजर्स समिति के द्वारा शनिवार को रंगोली रोड के समीप स्थित मलिन बस्ती में स्वच्छता अभियान के तहत जागरूता के कतिया गया।कार्यक्रम का युभारस्म महाविद्यालय की प्राचार्या डी0 अनीता राठी द्वारा किया गया।कार्यक्रम के अंतर्गत छात्रओं ने मलिन बस्ती के लोगों से यहान्द्र द्वार पूर्व केव्यक्ता कियानि खागरूद किया











Plastic Debris: Impact on Environment and wild Life 2021-22

As the world's capacity to deal with the fast-rising output of disposable plastic products becomes overwhelmed, plastic pollution has emerged as one of the most urgent environmental challenges. In impoverished Asian and African countries, where rubbish collection services are either ineffective or nonexistent, plastic pollution is most noticeable. However, the industrialized world also has issues with adequately collecting used plastics, particularly in nations with poor recycling rates. The United Nations has been trying to create a global convention because plastic waste has become so pervasive.

Plastic is a polymeric substance, which means that it has very massive molecules that frequently resemble long chains comprised of an apparently unlimited number of interconnecting links. Although there are many natural polymers, including silk and rubber, they have not been linked to environmental contamination since they degrade quickly in the environment. Today, however, the typical consumer interacts on a daily basis with a wide range of plastic materials that have been created specifically to thwart natural decay processes. These materials, which are primarily derived from petroleum and can be moulded, cast, spun, or applied as a coating, come in a variety of shapes and sizes. In many regions of the world, manufactured plastics tend to persist in natural ecosystems because they are mostly nonbiodegradable.

On March 30, under the joint auspices of Activity Club and Ranger Committee, a guest lecture was organized on the subject of Plastic Debris Effect on Environment in One G, in which 113 girl students participated. The program was inaugurated by the principal and Member of Conscious Citizens Association by offering flowers to Maa

Saraswati. The chief guest in the program was Commissioner Surendra Singh, fellow Major S.P. God, Mukesh Sharma etc. Mr. Girish Shukla, General Secretary, Conscious Citizens Association insisted on not using plastic. Ranger in-charge Dr. Pooja Rai, discussing the side effects of plastic, urged the girl students to use it less. **Attachments:**

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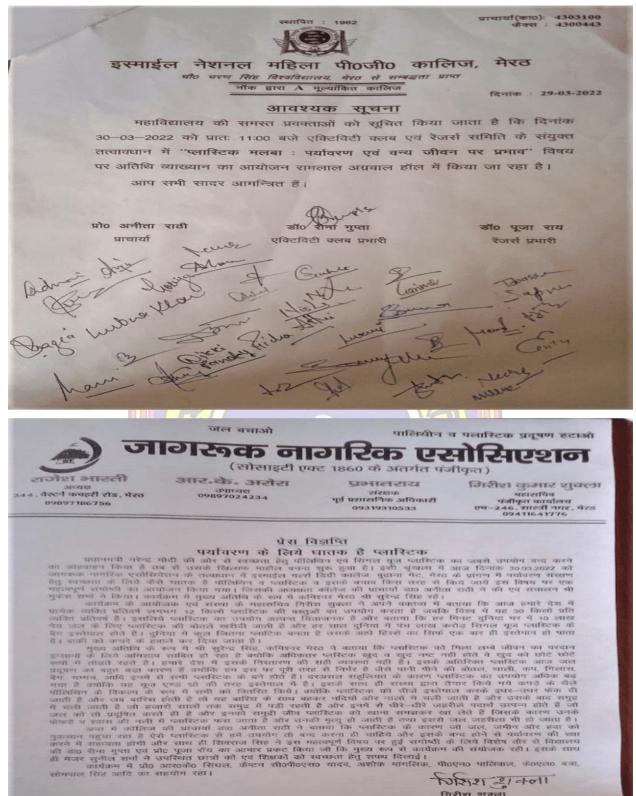
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